



MARS is calling

CLINID conference
Hunter Ratliff
04/16/2025

*Ages, dates, and other identifying information may have been changed
I have no conflict of interest in relation to this presentation*

Shortcuts



Part A: (inpatient)

MARS #1: immunocompromise | GI microbiome

Part B (outpatient): Clinic time | rash | eos timeline

MARS #2: case | Mir's water | pathogen biofilms

Part C (readmission): Alpha-gal

MARS #2: case | LSMMG | nematodes | meds

Takeaway slide

Case 1: HPI

A **73 y/o M** with PMH including CLL, CAD, OSA, seizures p/w **cardiogenic shock**

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WBC	36
Hgb	16
Platelets	176
Creatine	1.46
Lactate	3.7

Baseline is 13-20



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Troponin	
Initial	1,200
+40 min	5,200
+2 hr	11,300
+8 hr	24,700

Hemodynamics

Levophed: 0.13 (mcg/kg/min)
Milrinone: 0.125 (mcg/kg/min)

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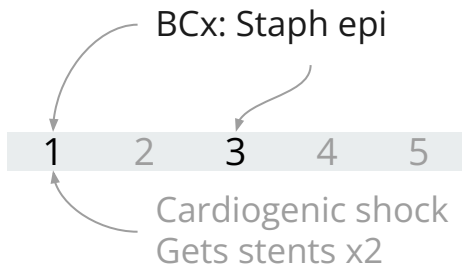
Emergent cath

- Confirms shock is cardiogenic (cardiac index **1.42**)
- 99% stenosis of RCA
- Placed stents x2

Case 1: HPI

A **73 y/o M** with PMH including CLL (has port), CAD, OSA, seizures p/w **cardiogenic shock**

- **Staph epi** grows in both sets of blood cultures, twice
 - Unofficial **time to positivity** implies **port infection**

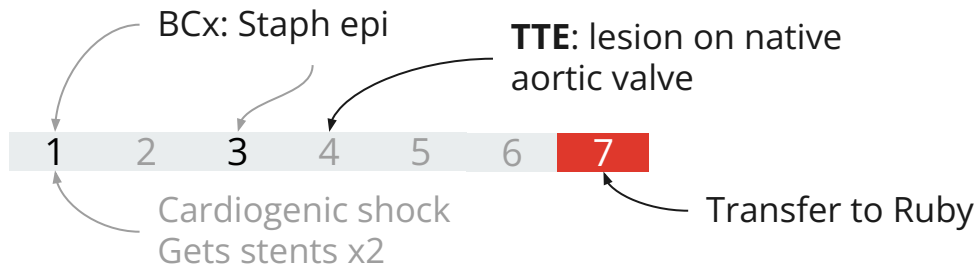


	Port	Peripheral
Collected	9:02 am	6:07 am
TTP	13 hrs	21 hrs

Case 1: HPI

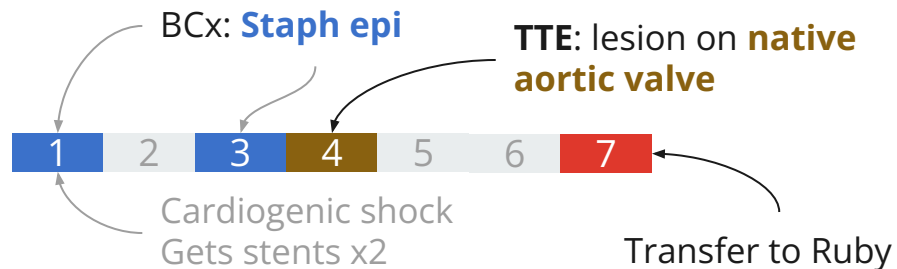
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 - Unofficial **time to positivity** implies **port infection**
- Transthoracic echo: Echodensity on **aortic valve**
 - **Native** aortic valve



Case 1: Summary

A **73 y/o M** with PMH including CLL (has port), CAD/PAD, OSA, seizures p/w **cardiogenic shock** & NSTEMI s/p stenting. Found to have persistent **staph epi bacteremia** and echodensity on **native aortic** valve



Case 1: Transfer to Ruby

A 73 y/o M with PMH including CLL (has port), CAD/PAD s/p EVAR, OSA, seizures p/w **cardiogenic shock** & **native aortic** valve **staph epi endocarditis**.

- Repeat **blood cultures no growth**
 - On **day 7 of vancomycin**

Echo: **native aortic valve IE**



BCx: **Staph epi**

BCx: **No growth**

Discharge summary

Patient underwent cardiac catheterization on [REDACTED] which showed 3 vessel disease. Cardiothoracic surgery was consulted and recommended PCI to RCA and mid LAD. Due to cardiogenic shock he was initiated on Levophed and milrinone. Impella was considered but vascular access was difficult.

Swan-Ganz catheter was placed. Blood cultures were obtained **from his port** and were positive for **staphylococcus epidermidis** for which ID was consulted.

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- Repeat **blood cultures no growth**
 - On **day 7 of vancomycin**
- **Transesophageal echo: 1x1cm lesion** on aortic valve

Echo: **native aortic valve IE**



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Discharge summary mentions **EVAR**

- 5 years ago, had endovascular aneurysm repair for AAA

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Discharge summary mentions **EVAR**

- 5 years ago, had endovascular aneurysm repair for AAA
- **No imaging done** as of yet (only had CTA PE)

Echo: **native aortic valve IE**

CTA



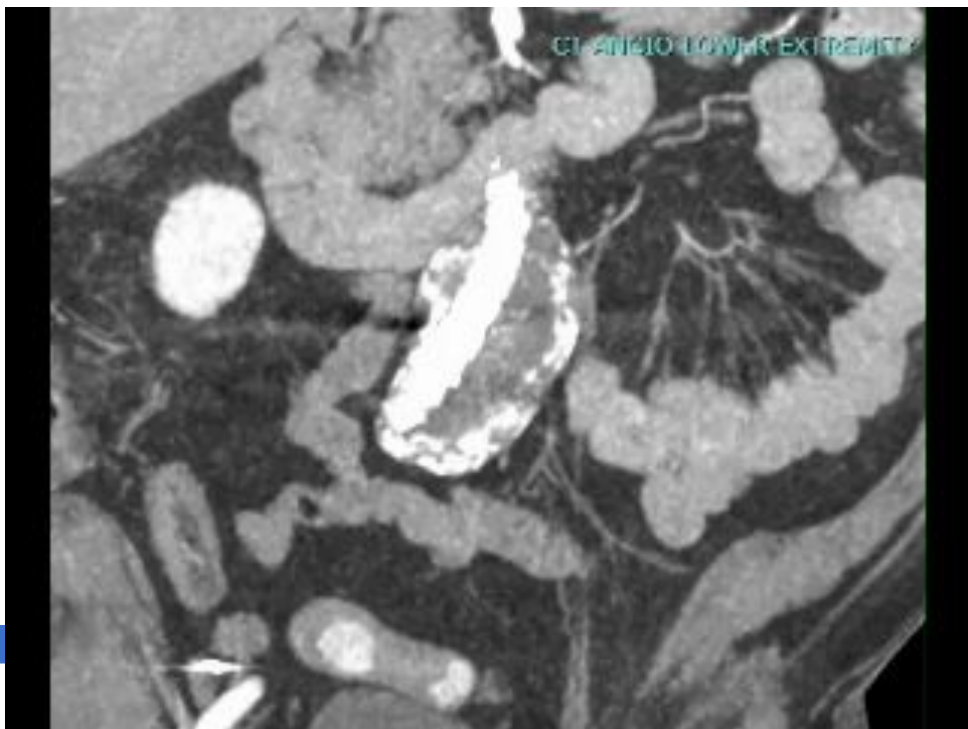
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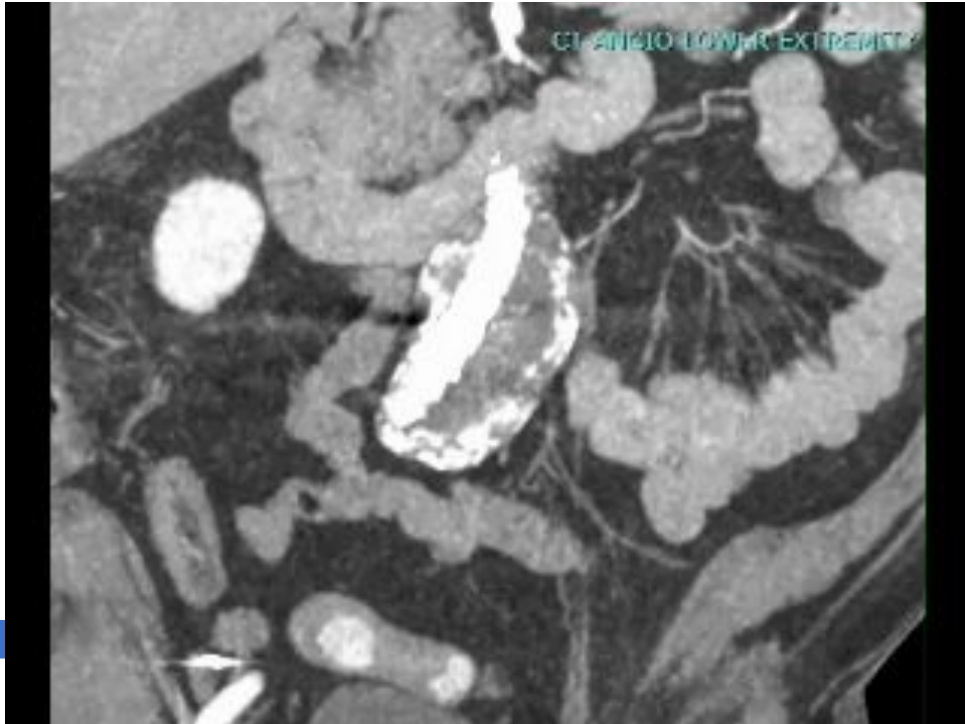
BCx: **No growth**

CTA A/P with runoff

Indication: Hx EVAR, preoperative exam

Aortoiliac: Postsurgical changes from EVAR for infrarenal abdominal aortic aneurysm. Aneurysm sac at iliac bifurcation measures 5.7 cm, **unchanged from [prior scans]**.

Case 1: Hardware



CTA A/P with runoff

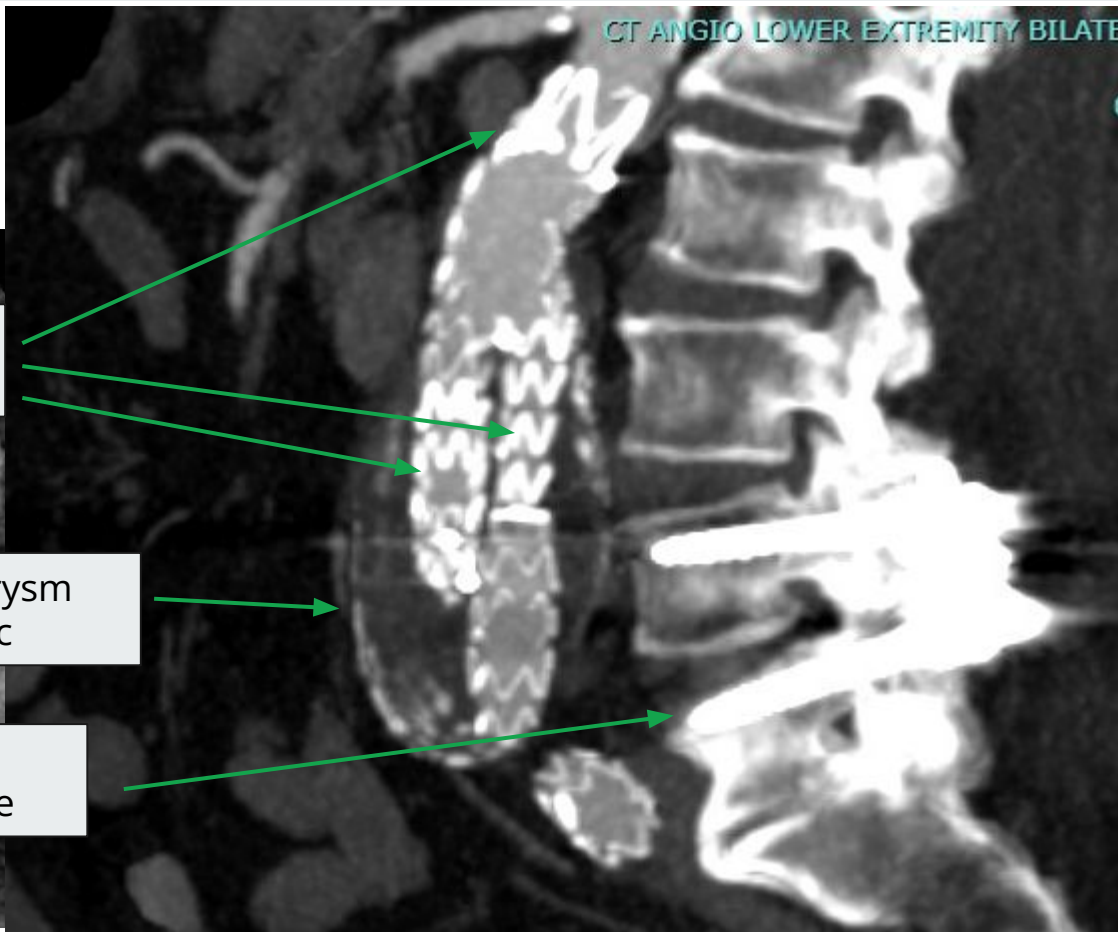
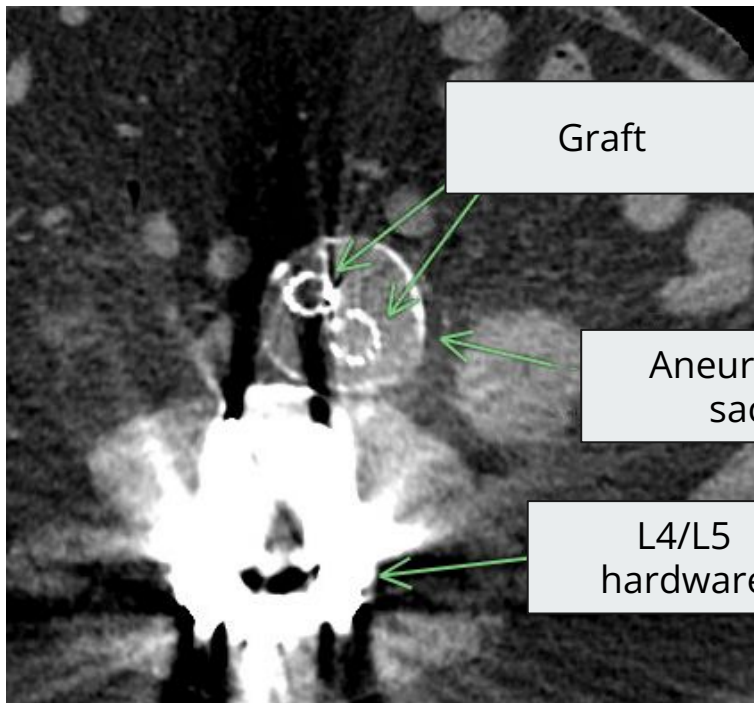
Spleen: evolving **splenic infarct**

Kidneys: Right **renal infarct**

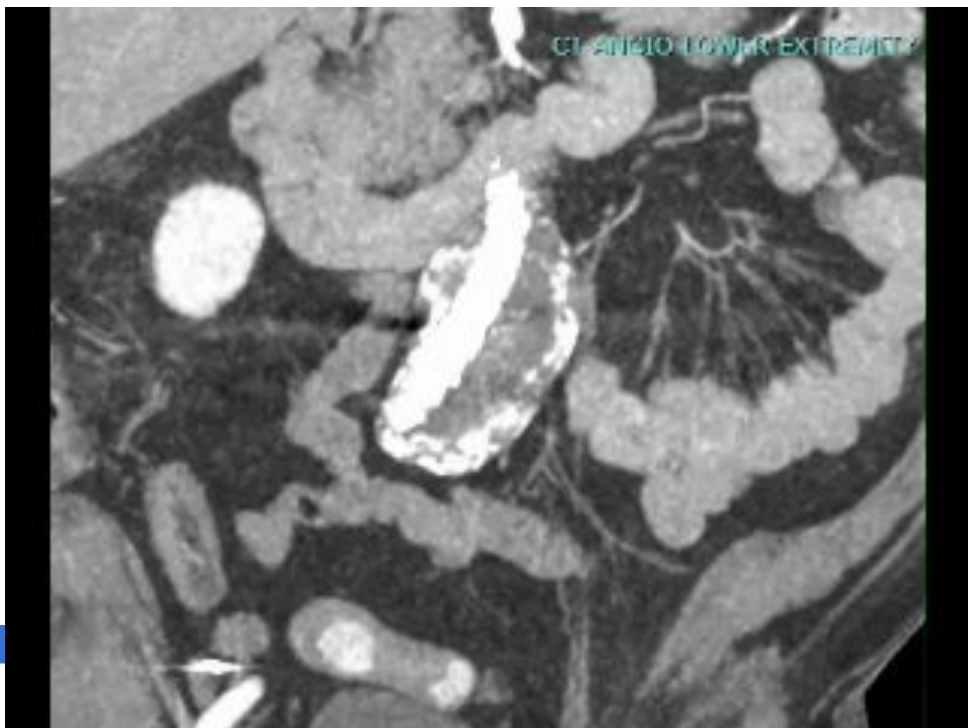
Bones: L4-L5 **posterior spinal fusion**



Case 1: Hardware



Case 1: Hardware



BCx: **Staph epi**

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IMPRESSION: **stable size** of infrarenal abdominal aortic aneurysm sac. Evolving splenic and renal infarcts



Vascular Graft Infections (VGI)

Objectives

- Accurately **diagnose & categorize** (suspected & confirmed) **VGIs**
- Describe surgical management options &

Recall my prior presentation

From October of 2024

<https://www.huntermatliff1.com/talk/cid-2024-10-03/>

DeSimone et al
Clinical Infectious Diseases
[citation 2.1]

11 June 2024
Volume 59
Number 6

Clinical Infectious Diseases

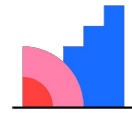


OXFORD
UNIVERSITY PRESS

✦ **MAGIC** ✦

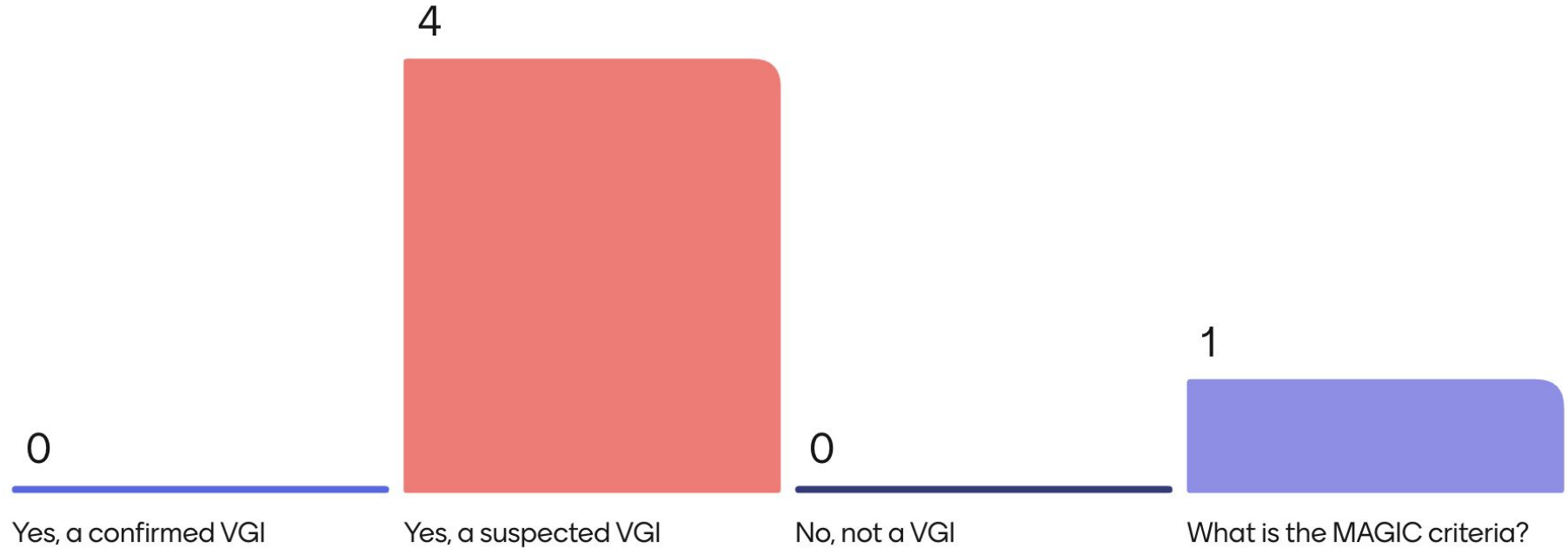
Management of Aortic Graft Infection Collaboration ✦

**[Q1] Is this a
vascular graft
infection?**

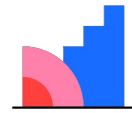


Mentimeter

[Q1] Per the MAGIC criteria, is this a vascular graft infection (VGI)?

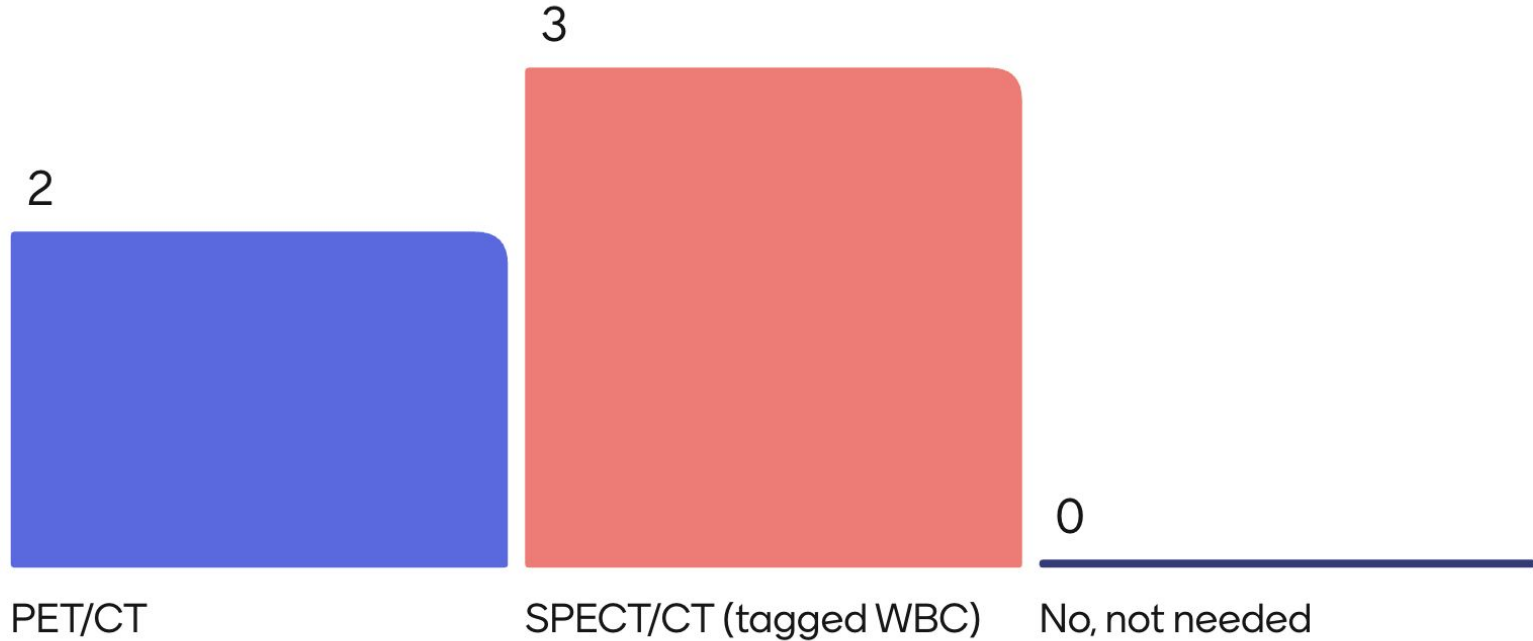


**[Q2] Utility of
PET/CT or SPECT?**

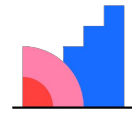


Mentimeter

[Q2] Would you order nuclear imaging?



**[Q3] Chance of
relapse w/o
suppression**



Mentimeter

[Q3] What is the chance of relapse if...

...gets a SAVR



...no SAVR (but still has aortic graft)



...patient did not have graft (and no SAVR)



<5% chance

Near 100% relapse

Table 1. A Case Definition for Vascular Graft Infection of the Management of Aortic Graft Infection Collaboration (MAGIC)

	Clinical/Surgical	Radiography	Laboratory ^a
Major criteria	<ol style="list-style-type: none">1. Purulence (confirmed by microscopy) around graft or in aneurysm sac during surgery^b2. Open wound with exposed graft or communicating sinus tract3. Fistula development (eg, aortoenteric)4. Graft insertion in an infected site (eg, fistula, mycotic aneurysm, or infected pseudoaneurysm)	<ol style="list-style-type: none">1. Perigraft fluid on CT scan ≥ 3 mo after insertion2. Perigraft gas on CT scan ≥ 7 wk after insertion3. An increase in perigraft gas volume demonstrated on serial imaging	<ol style="list-style-type: none">1. Organisms recovered from an explanted graft2. Organisms recovered from an intraoperative specimen3. Organism recovered from a percutaneous aspirate of perigraft fluid



Prior presentation (Oct'24)
<https://www.hunerratliff1.com/talk/cid-2024-10-03/>

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Minor criteria	<ol style="list-style-type: none"> 1. Localized clinical features of VGI (eg, erythema, warmth, swelling, purulent discharge, and pain) 2. Fever $\geq 38^{\circ}\text{C}$ with VGI as most likely cause 	<ol style="list-style-type: none"> 1. Other (eg, suspicious perigraft gas/fluid/soft tissue inflammation; aneurysm expansion; pseudo-aneurysm formation; focal bowel wall thickening; discitis/osteomyelitis; suspicious metabolic activity on FDG PET/CT; radiolabeled leucocyte uptake) 	<ol style="list-style-type: none"> 1. Blood culture(s) positive and no apparent source except for VGI 2. Abnormally elevated inflammatory markers with VGI as the most likely cause (eg, ESR, CRP, and white blood cell count)



 Management of Aortic Graft Infection Collaboration 

Suspected VGI

~~One major~~ - or -
Minor from 2 of 3 categories

Prior presentation (Oct'24)

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Confirmed VGI

~~One major~~ - **plus** - any other criterion (major or minor) from another category

Case 1: Hospital course

A 73 y/o M with PMH including CLL (has port), CAD/PAD s/p EVAR, OSA, seizures p/w **cardiogenic shock** & **native aortic** valve **staph epi endocarditis**.

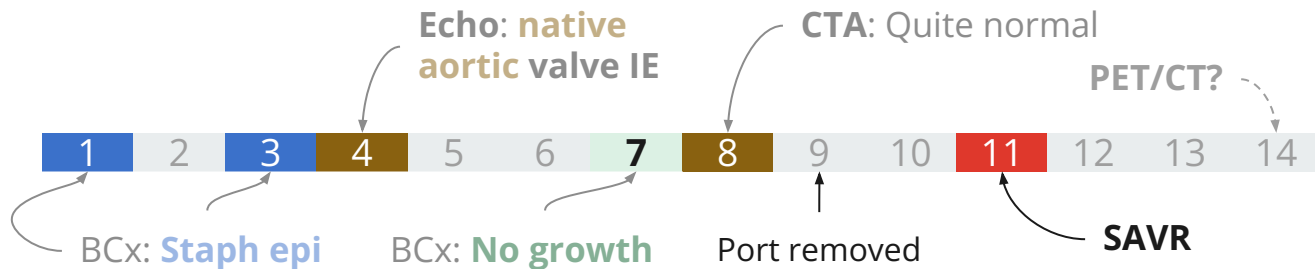
- **Vascular surgery consulted:** Not concerned for graft infection
- Port is removed



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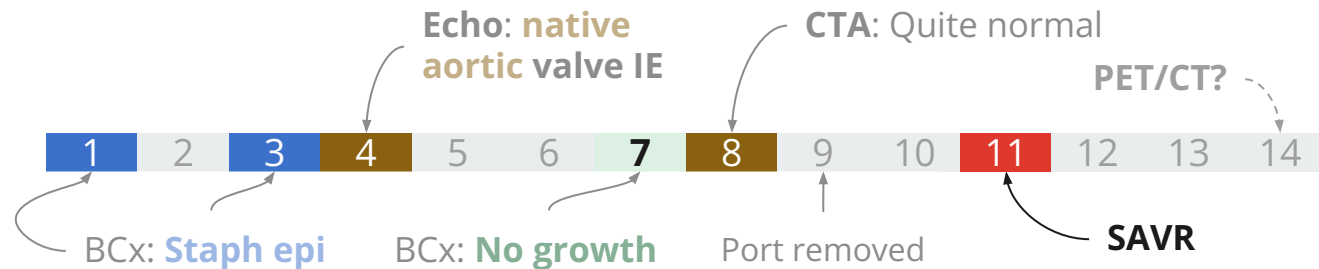
- Asked for **PET/CT or SPECT...**
 - Can't happen **until next week**
- CT surgery plans on **replacing aortic valve** before that time
 - Cardiogenic shock from aortic insufficiency is a **class I indication**



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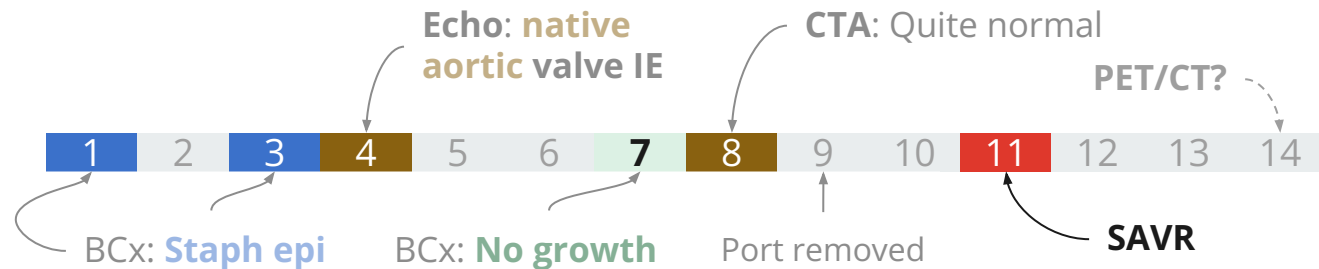
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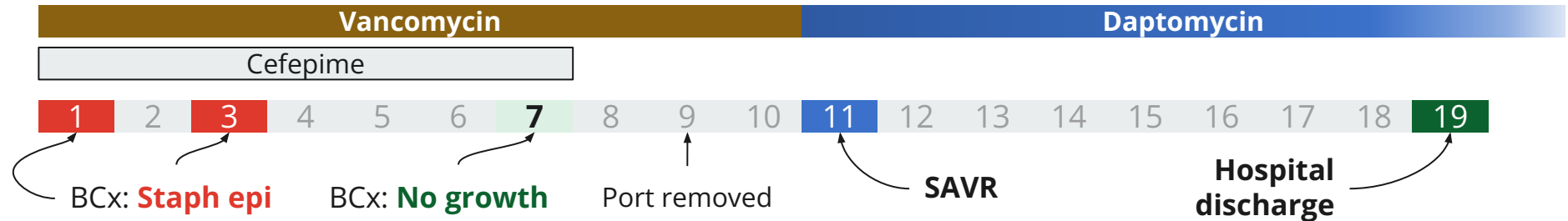
- Opted for **no nuclear imaging**
 - Would have been on 2 weeks on antibiotics at that point
- Had **surgical aortic valve replacement** with bioprosthetic valve
 - **Gram stain was positive**, but **no growth on cultures**
 - **Pathology** consistent with **acute endocarditis**



Case 1: Sign off

A 73 y/o M with PMH including CLL (had port), CAD/PAD s/p EVAR, OSA, seizures p/w **cardiogenic shock** & **native aortic valve staph epi endocarditis**. Clinical concern for VGI but CTA normal. s/p **SAVR** with pathology confirming bacterial endocarditis

- While awaiting daptomycin susceptibilities, continue **vancomycin**
 - If susceptible, transition to **daptomycin for 6 weeks from SAVR**
- Followed by **lifelong doxy suppression**



MARS is calling...



MARS #1: HPI

A **38 y/o M** with no PMH (he is in excellent health) p/w **two days** of a **painful vesicular rash** in the T12 distribution

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- Has been stressed recently with work (needing to **travel far from home**)
- Reportedly **received Shingrex booster** a few years ago
 - Which is kind of strange since he's immunocompetent

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Next steps?

- More questions?
- DDX?

Has been stressed recently with work
(needing to **travel far from home**)



[Image Credit:](#) NASA/Joel Kowsky
April 1, 2026

MARS #1: Host changes in spaceflight [1]

Don't sue me

The "Mars/MARS" cases are hypothetical and any similarity to real persons are coincidental

I have no affiliation with NASA (but my wife did)

- I would be happy for that to change, if NASA needs a space-healthcare epidemiologist

Shout out to [UTMB's aerospace medicine residency](#)



Biomarkers of Inflammation in the LSAH: A Derived Systematic Review

Genevieve Korst, Hunter Ratliff, Adriana Babiak-Vazquez, Corey Theriot, Ruth A. Reitzel, Susana Zanello



MARS #1: Host changes in spaceflight [1]

Spaceflight (zero gravity and other factors) do some **really weird stuff** to human physiology

- Most of these changes are non-infectious (but still really interesting)
- However, there are a fair amount of **immunologic changes** [\[self citation\]](#)

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Spaceflight itself **causes immunocompromise**

- Which is why astronauts get the Shingrex vaccine [2]

MARS: Host immunosuppression in spaceflight [1]

Spaceflight makes you immunocompromised

- **26 instances of infections** during the Space Shuttle program (STS-1 to STS-89; from 1989-98)
- More recently, **14 out of 17** astronauts had **reactivation of herpesviruses** (during short duration, LEO flights, or on return)

LEO = Low earth orbit



MARS: Host immunosuppression in spaceflight [1]

How?

- **Reversible hypoplasia** of lymph tissue (spleen & thymus)
- **Blunted mitogen response** of T lymphocytes (compared to terrestrial controls)
- Animal models show **widespread effects** on both **innate** and **humoral** immune response
- Seems to be **time limited** (but we haven't done years long missions, like to Mars)



MARS: Host immunosuppression in spaceflight [1]

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Why?

- **Gravity** (lymphatic drainage) may play a role
- Might also be **psych response** (similar issues seen with longterm submarines or antarctica)

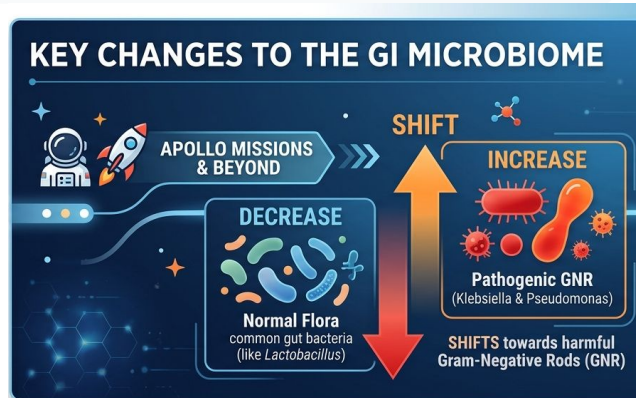


MARS: GI microbiome shift [1]

During Apollo missions:

- **Pathogenic increase:** Gram-negative rods (Klebsiella & Pseudomonas)
- **Loss of flora:** Significant shift away from normal healthy bacteria

Evidence from Soviet studies (Salyut & Mir) shows changes as early as two weeks into flight.



MARS: GI microbiome shift [1]

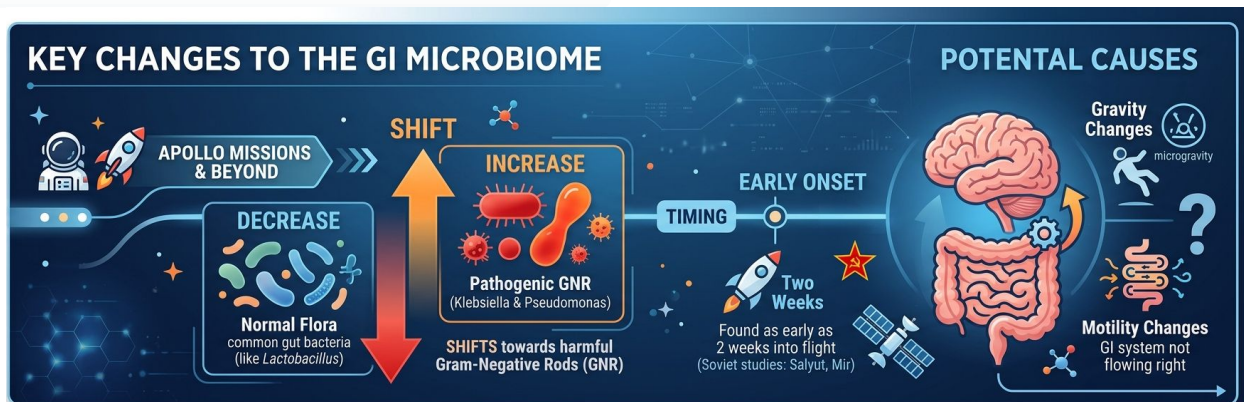
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Potential Causes

- **Altered Gravity:** Microgravity impacts fluid distribution
- **Motility Changes:** GI system "not flowing right" in space environment



Returning to Earth (Case #1)



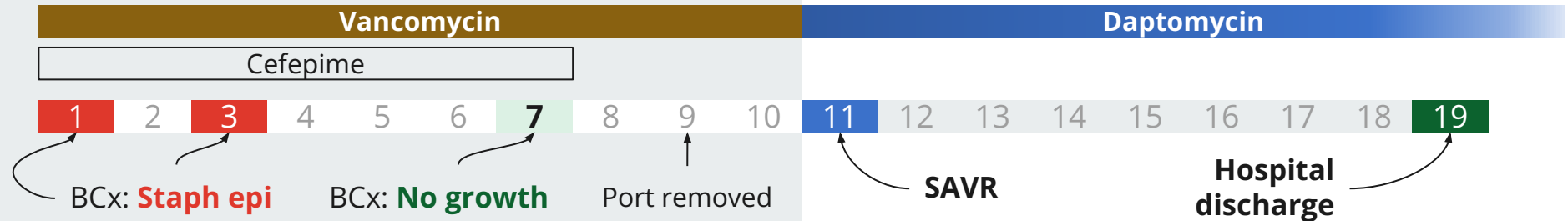
Artemis II landing

[Image Credit](#): NASA/Joel Kowsky

Case 1: Summary of inpatient

A **73 y/o M** with PMH including CLL (had port), CAD/PAD s/p EVAR, OSA, seizures p/w **cardiogenic shock** & **native aortic valve staph epi endocarditis**. Clinical concern for VGI but CTA normal

- s/p **SAVR** with pathology confirming bacterial endocarditis
- Treated with **vanco** → **dapto**
- Plan for lifelong **doxy**



Case 1: Eosinophilia

At the time of the **initial consult**, patient already had **noticeable eosinophilia**



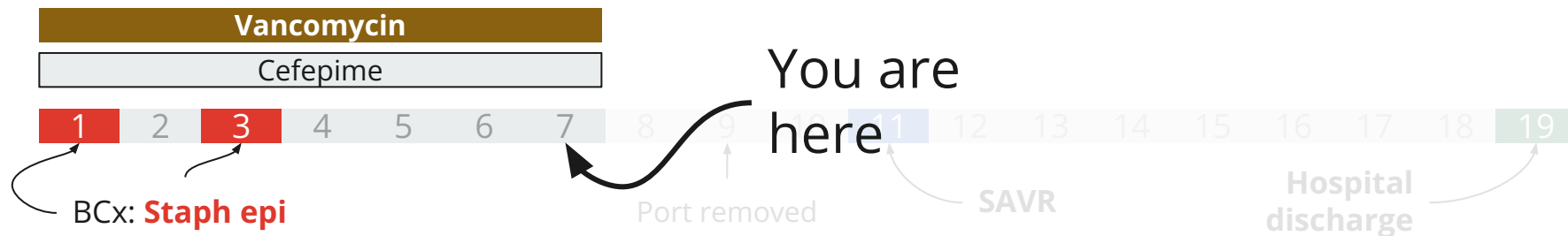
ABS COUNT	
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LYMPHS ABS	0.82 ▼
EOS ABS	0.87 ▲
MONOS ABS	1.72 ▲
BASOS ABS	0.17

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- Was on vancomycin and cefepime

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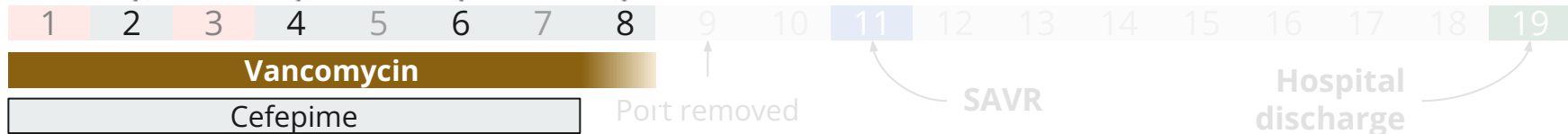
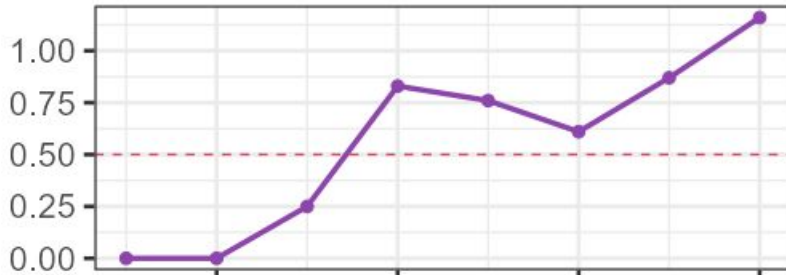
- Was on vancomycin and cefepime
- **No rash**
 - At least not yet...

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Case 1: Eosinophilia

Absolute eosinophil count



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Upper limit of normal (500)

Case 1: Eosinophilia

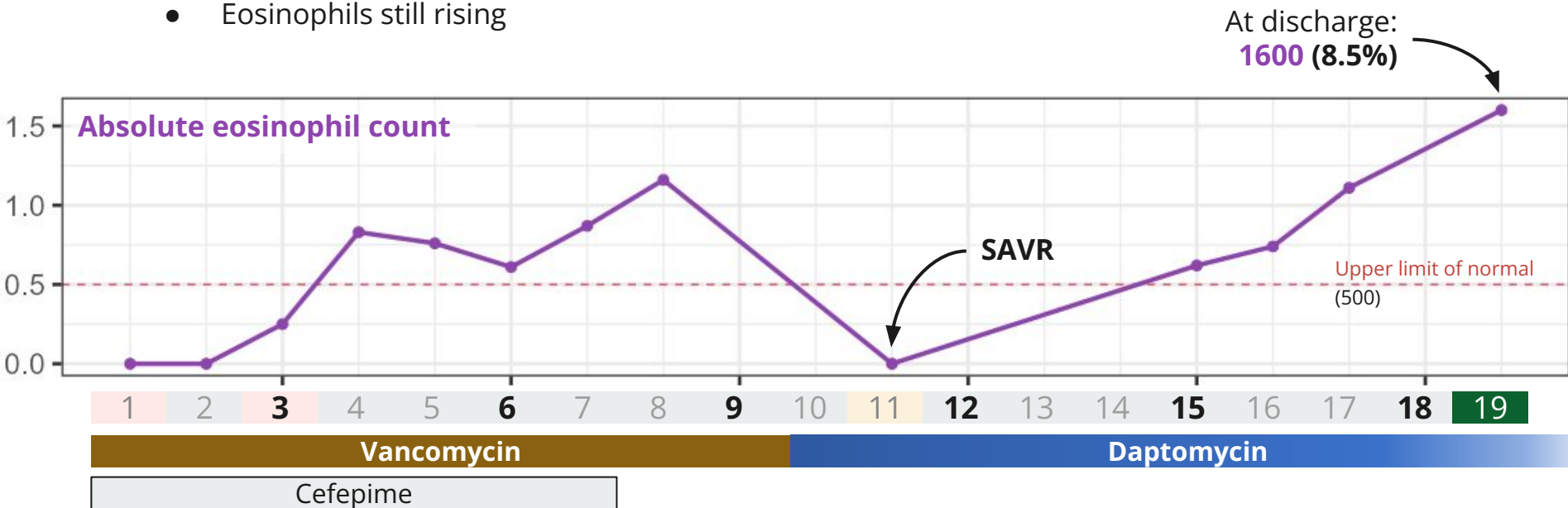
Switched to **daptomycin**...with **no improvement** (perhaps worsened?)



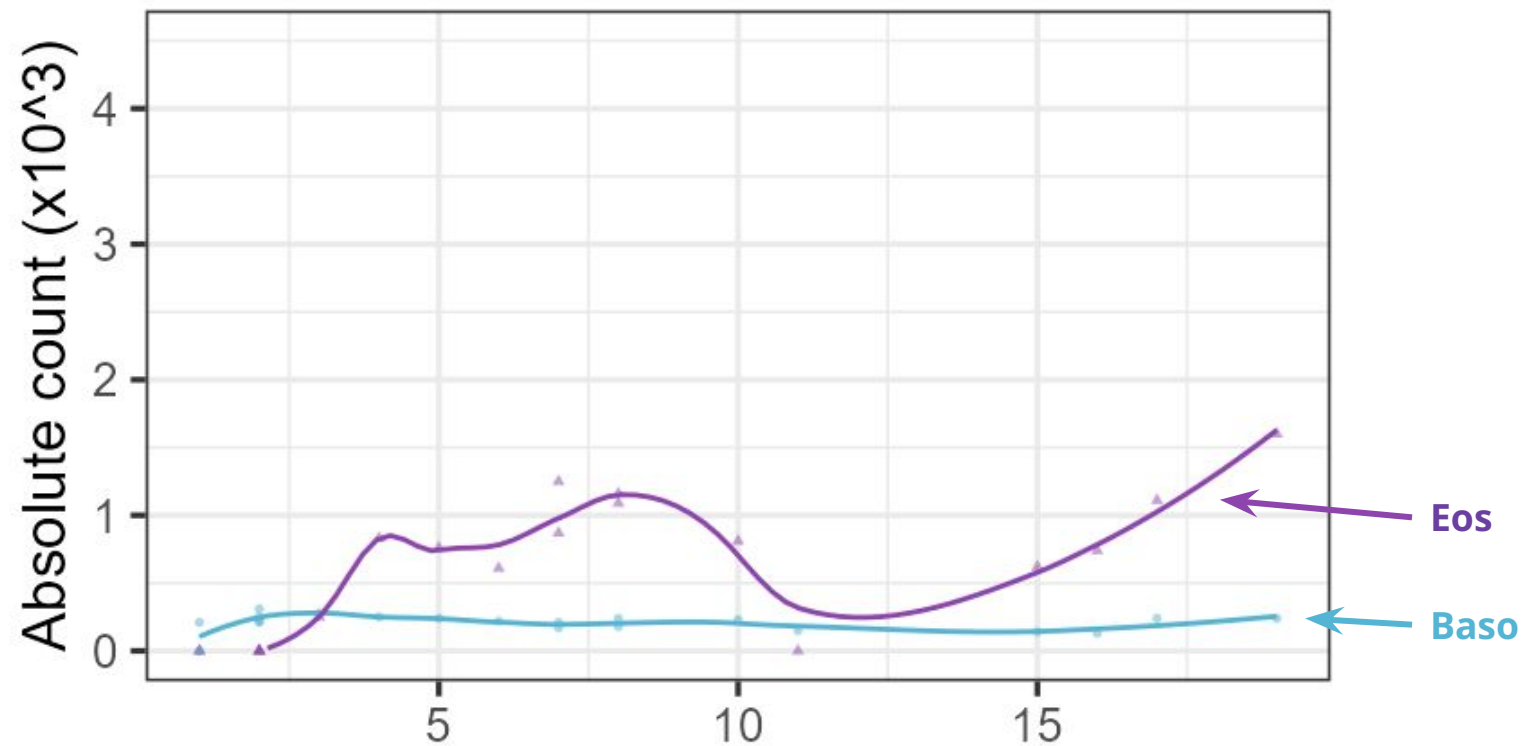
Case 1: Eosinophilia

Switched to **daptomycin**...with **no improvement** (perhaps worsened?)

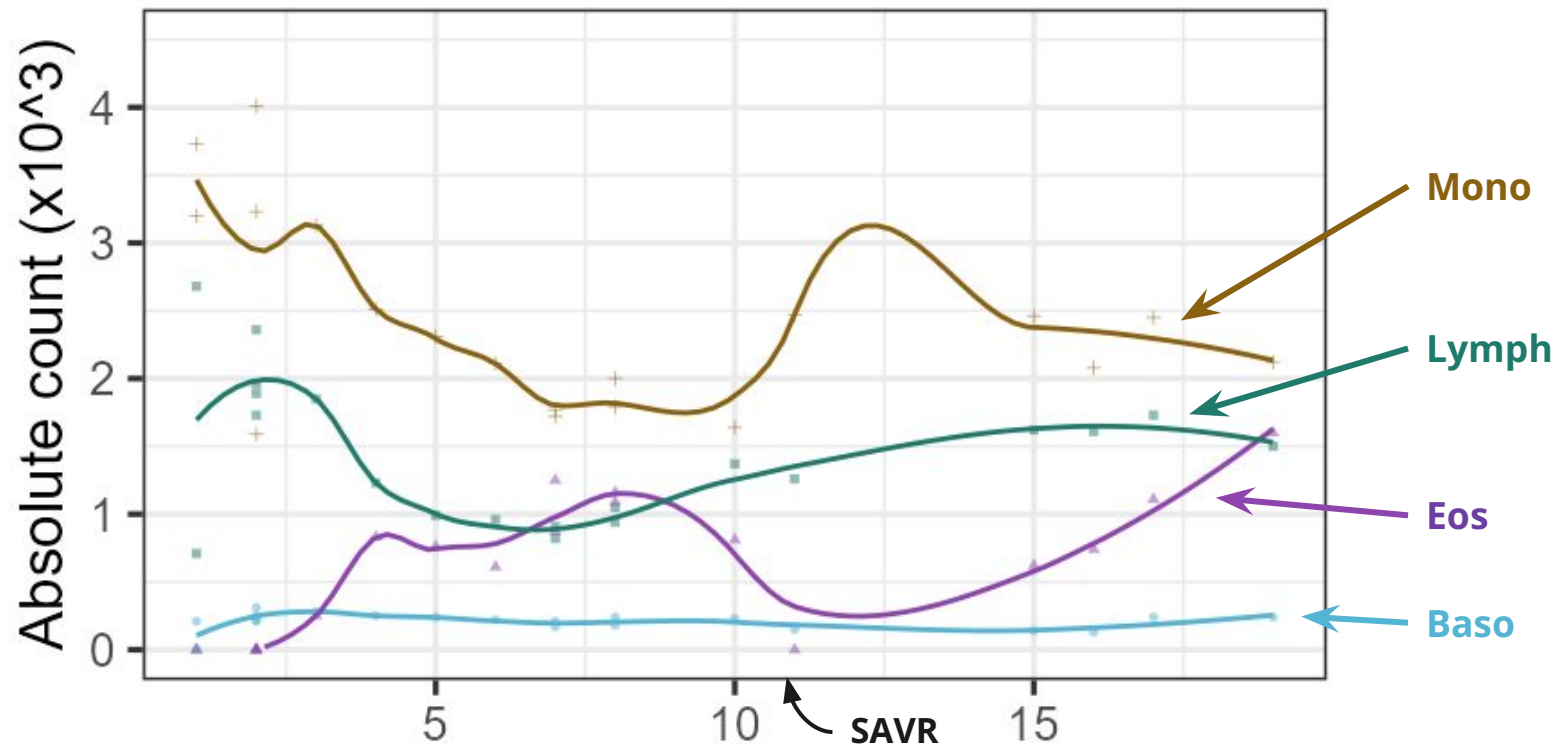
- Still asymptomatic
- Eosinophils still rising



Case 1: Full differential (w/o neutrophils)

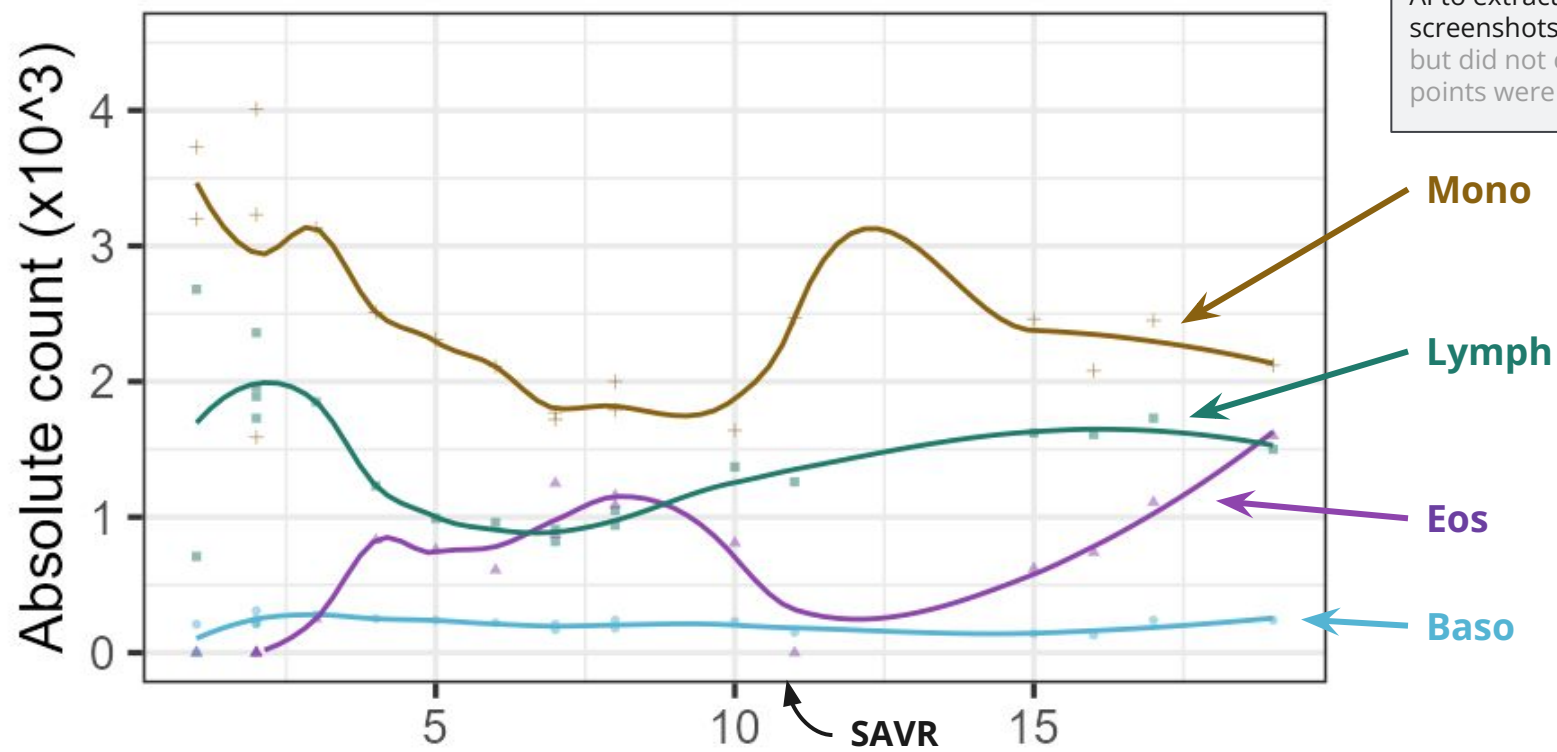


Case 1: Full differential (w/o neutrophils)



Case 1: Full differential (w/o neutrophils)

Disclosure
I used a local (non-cloud) form of AI to extract these numbers from screenshots; I spot checked them, but did not confirm all 1000 data points were read correctly



Case 1: OPAT

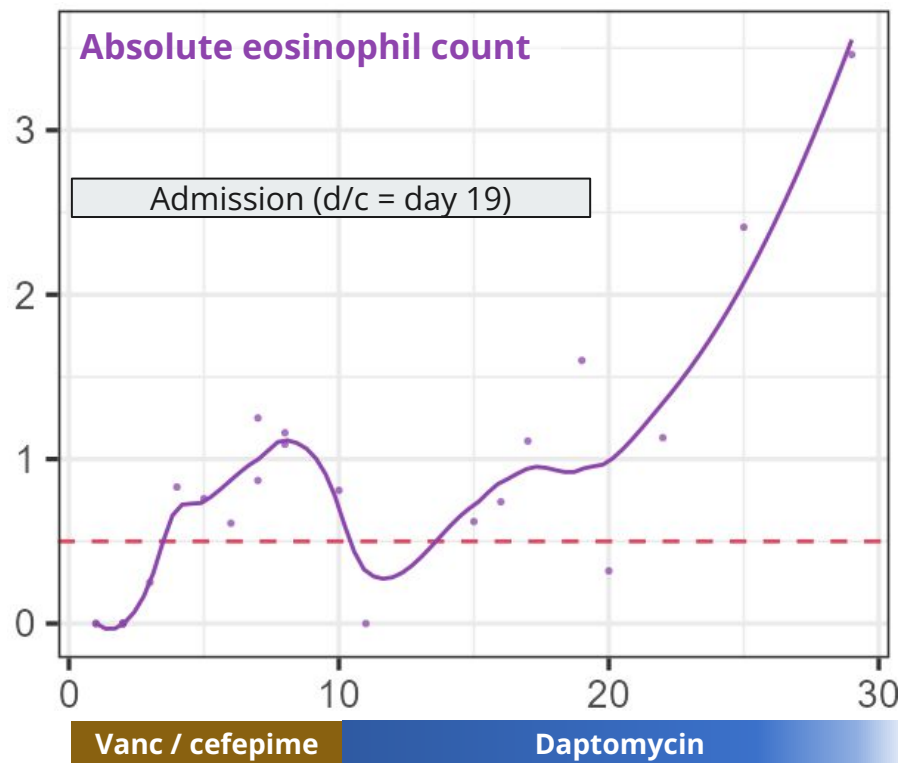
- Discharged to SNF
- Having nose bleeds (Brilinta)
- No other concerns (per staff at SNF)

Case 1: OPAT

- Discharged to SNF
- Having nose bleeds (Brilinta)
- No other concerns (per staff at SNF)

Those eosinophils **just keep on rising**

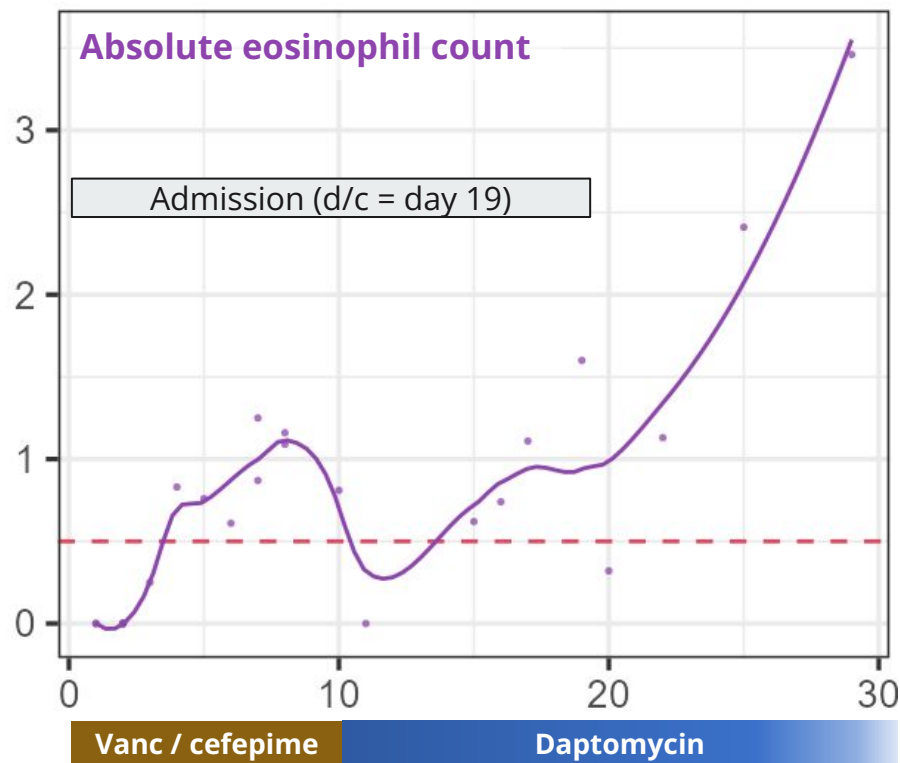
- Now at **3500**



Case 1: OPAT

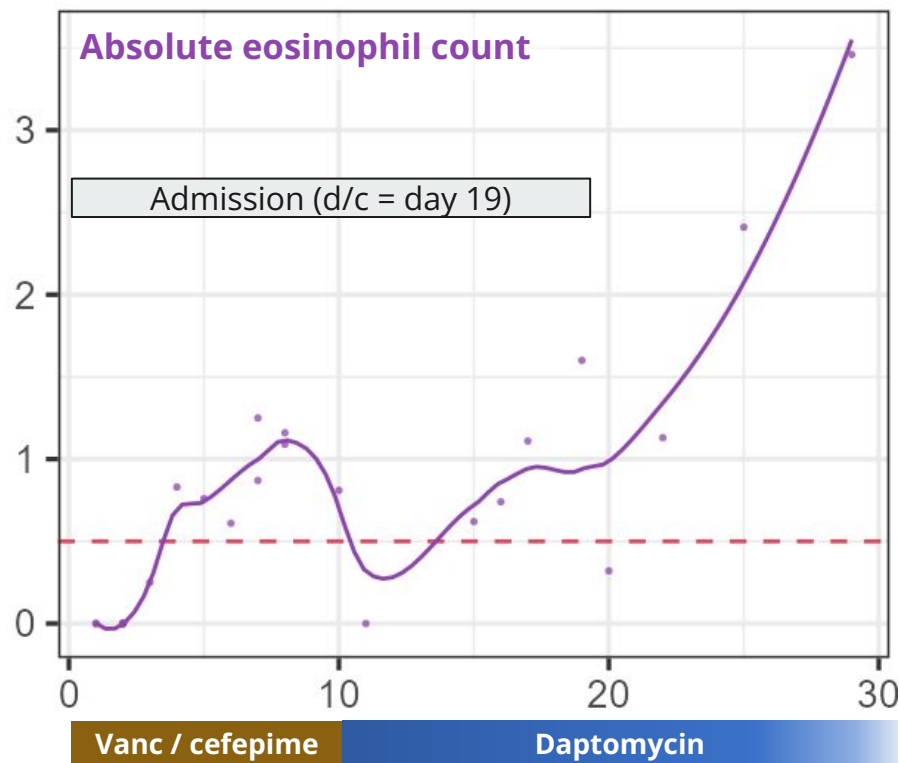
Labs	Day 17
WBC	20.6
Abs neut	14.9
Abs eos	1.1
CRP	35
AST	---
ALT	---
AlkPhos	---
Days since SAVR	7

← Shortly before discharge



Case 1: OPAT

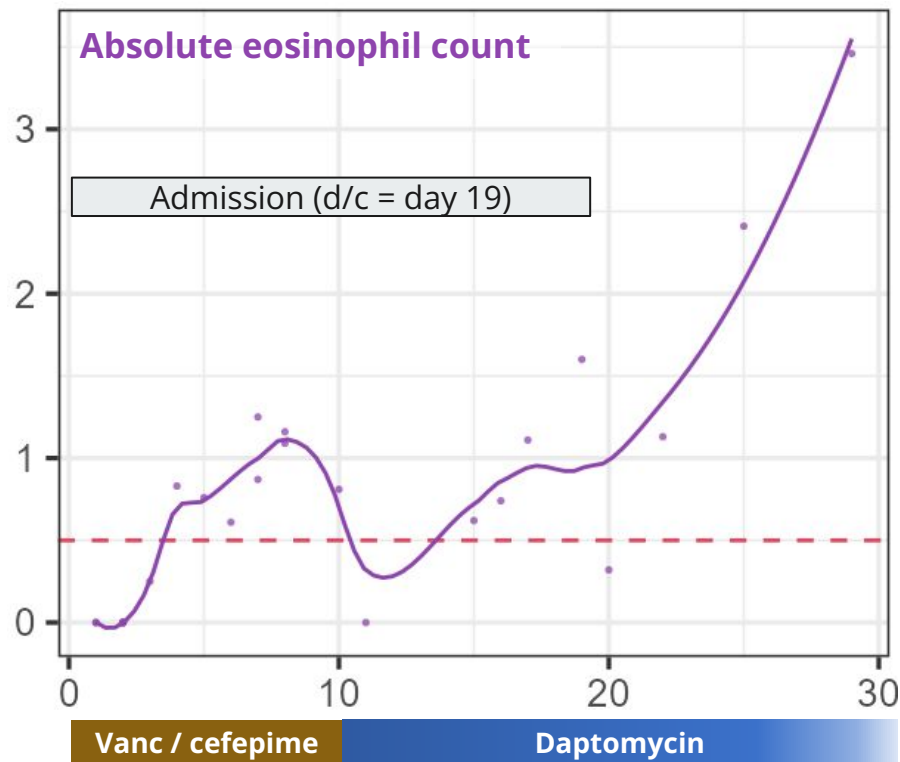
Labs	Day 17	D22	D25
WBC	20.6	18.9	17.7
Abs neut	14.9	15.5	11.6
Abs eos	1.1	1.2	2.4
CRP	35	32	---
AST	---	29	25
ALT	---	22	30
AlkPhos	---	71	149
Days since SAVR	7	12	15



Case 1: OPAT

ID clinic follow up

Labs	Day 17	D22	D25	D29
WBC	20.6	18.9	17.7	17.6
Abs neut	14.9	15.5	11.6	11.1
Abs eos	1.1	1.2	2.4	3.5
CRP	35	32	---	13
AST	---	29	25	53
ALT	---	22	30	57
AlkPhos	---	71	149	188
Days since SAVR	7	12	15	19

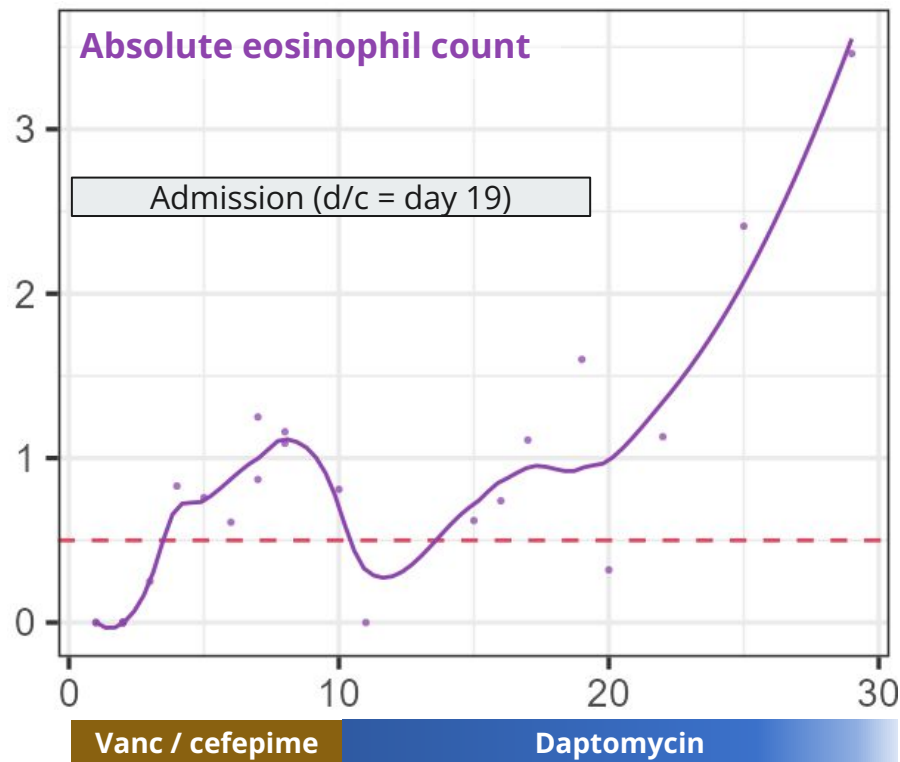


Case 1: OPAT

ID clinic follow up

Labs	Day 17	D22	D25	D29
WBC	20.6	18.9	17.7	17.6
Abs neut	14.9	15.5	11.6	11.1
Abs eos	1.1	1.2	2.4	3.5
CRP	35	32	---	13
AST	---	29	25	53
ALT	---	22	30	57
AlkPhos	---	71	149	188
Days since SAVR	7	12	15	19

- Normal platelets (200s-300s)
- Chem7 unremarkable
- CK normal (30s)

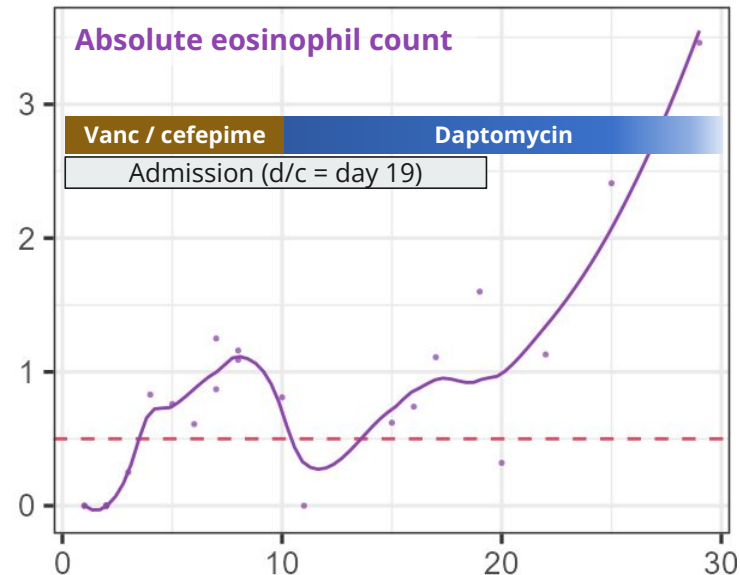


Case 1: Clinic follow up

A **73 y/o M** with PMH including **CLL** (had port), AAA w/ h/o EVAR, OSA, seizures p/w **native staph epi endocarditis** s/p **SAVR** (day 11). c/f VGI but CTA normal. Developing **profound eosinophilia**...

And **LFT problems**...

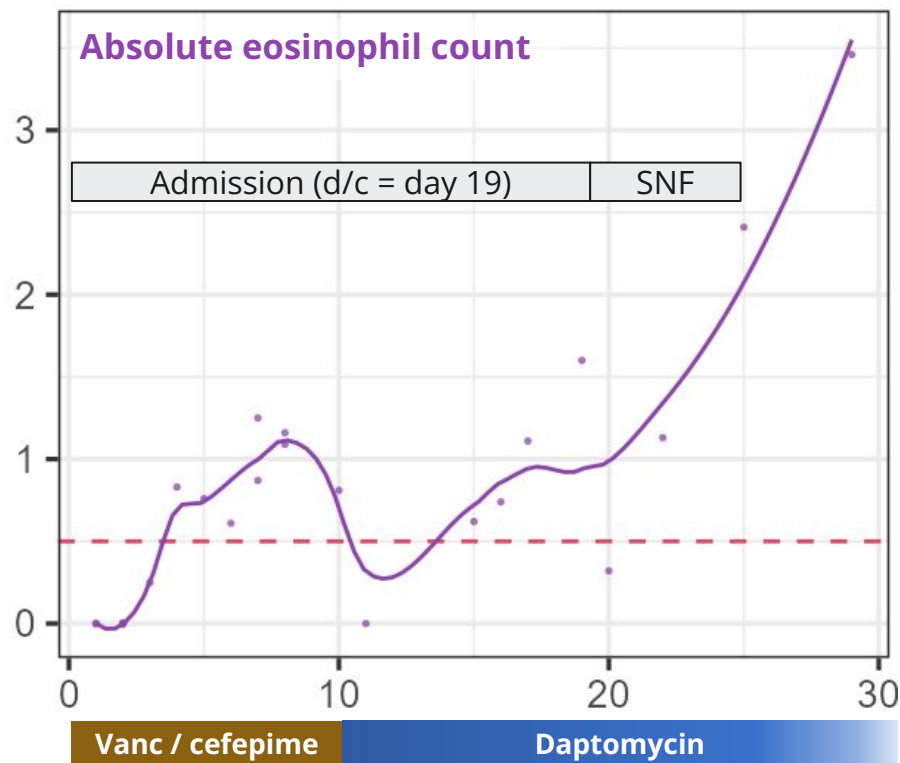
...time to ask about **Drug Reaction with Eosinophilia and Systemic Symptoms**



Recent labs	Day 17	D22	D25	D29
WBC	20.6	18.9	17.7	17.6
Abs eos	1.1	1.2	2.4	3.5
CRP	35	32	---	13
AST	---	29	25	53
ALT	---	22	30	57
AlkPhos	---	71	149	188
Since SAVR	7	12	15	19

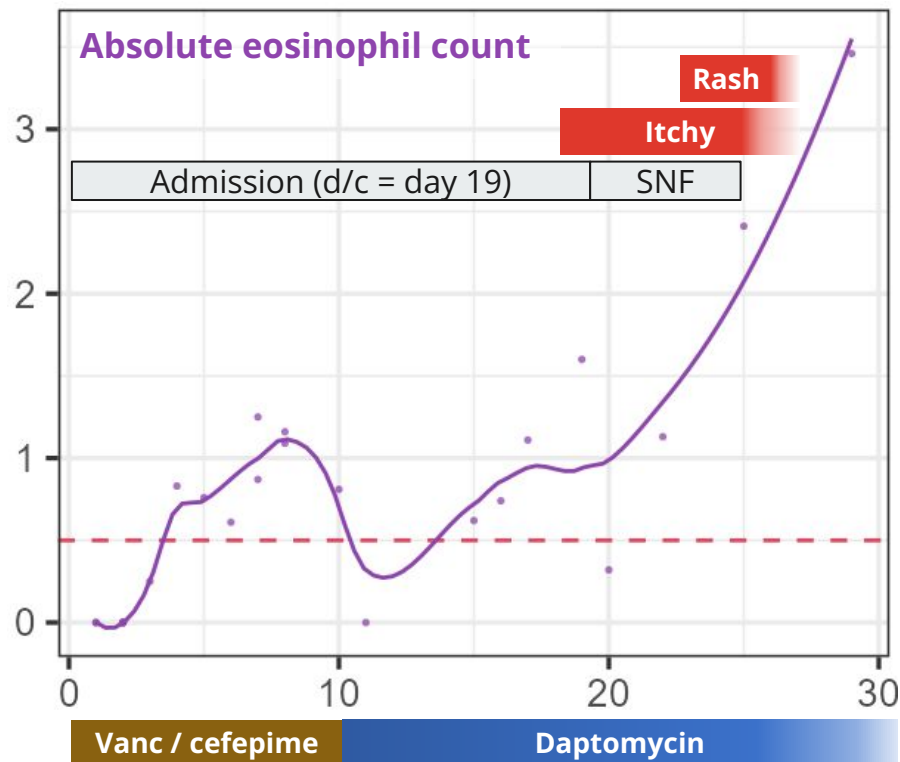
Case 1: ID clinic follow up

- His **breathing is fine**
 - Though one must assume there are some eosinophils in his lungs...
- His major concern is the nosebleeds



Case 1: ID clinic follow up

- His **breathing is fine**
 - Though one must assume there are some eosinophils in his lungs...
- His major concern is the nosebleeds
- But he has been having an **itchy rash**



Case 1: ID clinic follow up



He's had **itchy rashes before** (more on this later), but **never been this severe** before

Case 1: ID clinic follow up

He's had **itchy rashes before** (more on this later), but **never been this severe** before



Case 1: ID clinic follow up

He's had **itchy rashes before** (more on this later), but **never been this severe** before



Zero improvement with:

- Topical steroid cream
- Benadryl

Case 1: ID clinic follow up

He's had **itchy rashes before** (more on this later), but **never been this severe** before



Zero improvement with:

- Topical steroid cream
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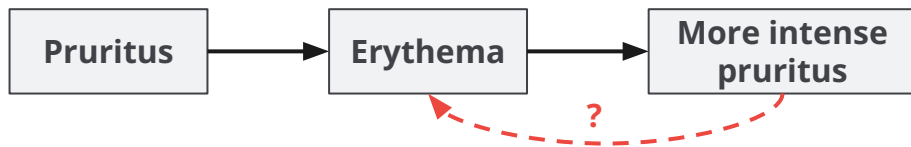
Rash before abx

Onset: Wife informs that he had a minor version of this same rash for maybe a **month before hospitalization**

- Started on **bilateral legs**
- Lesser extent in webs of fingers

Case 1: ID clinic follow up

He's had **itchy rashes before** (more on this later), but **never been this severe** before



Zero improvement with:

- Topical steroid cream
- Benadryl

Rash before abx

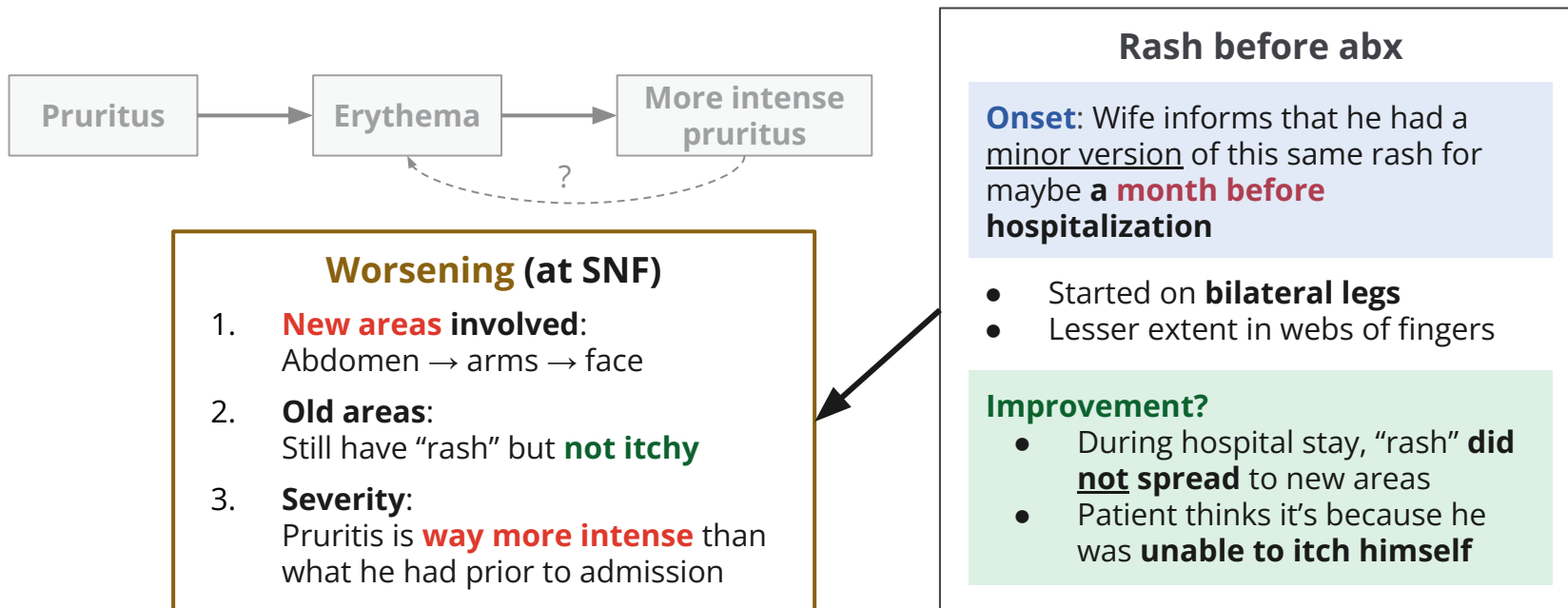
Onset: Wife informs that he had a minor version of this same rash for maybe a **month before hospitalization**

- Started on **bilateral legs**
- Lesser extent in webs of fingers

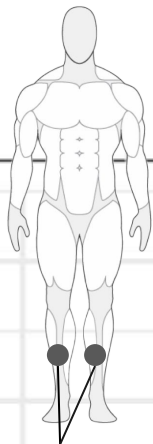
Improvement?

- During hospital stay, "rash" **did not spread** to new areas
- Patient thinks it's because he was **unable to itch himself**

Case 1: ID clinic follow up



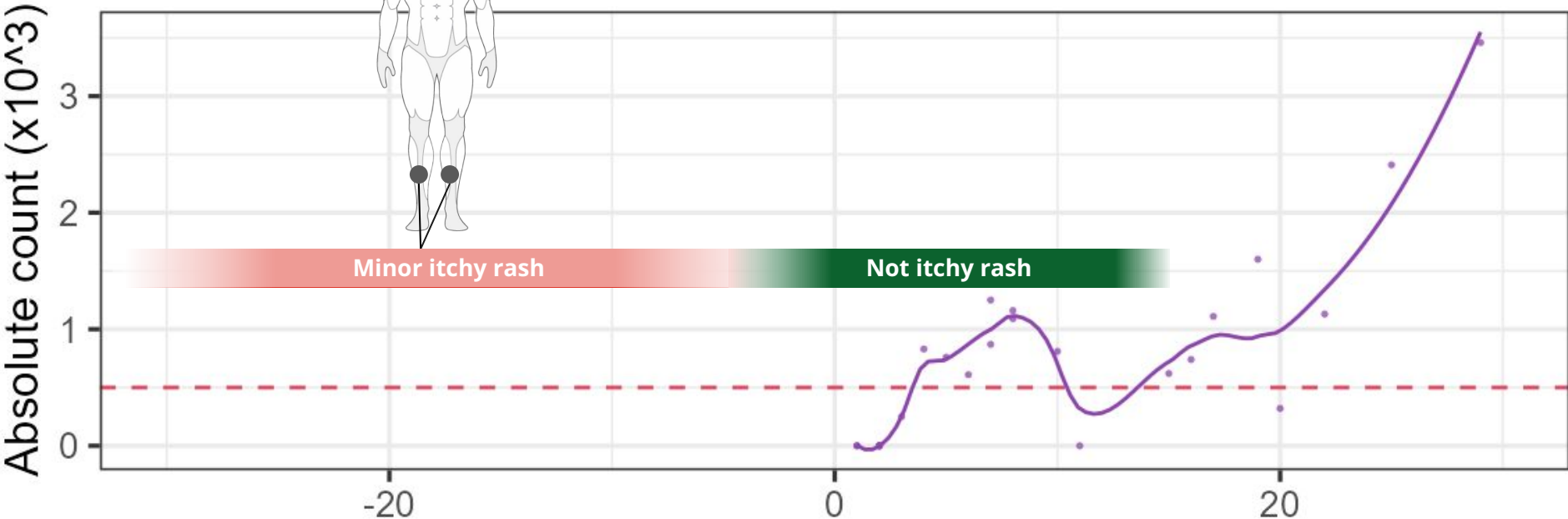
Case 1: Rash timeline



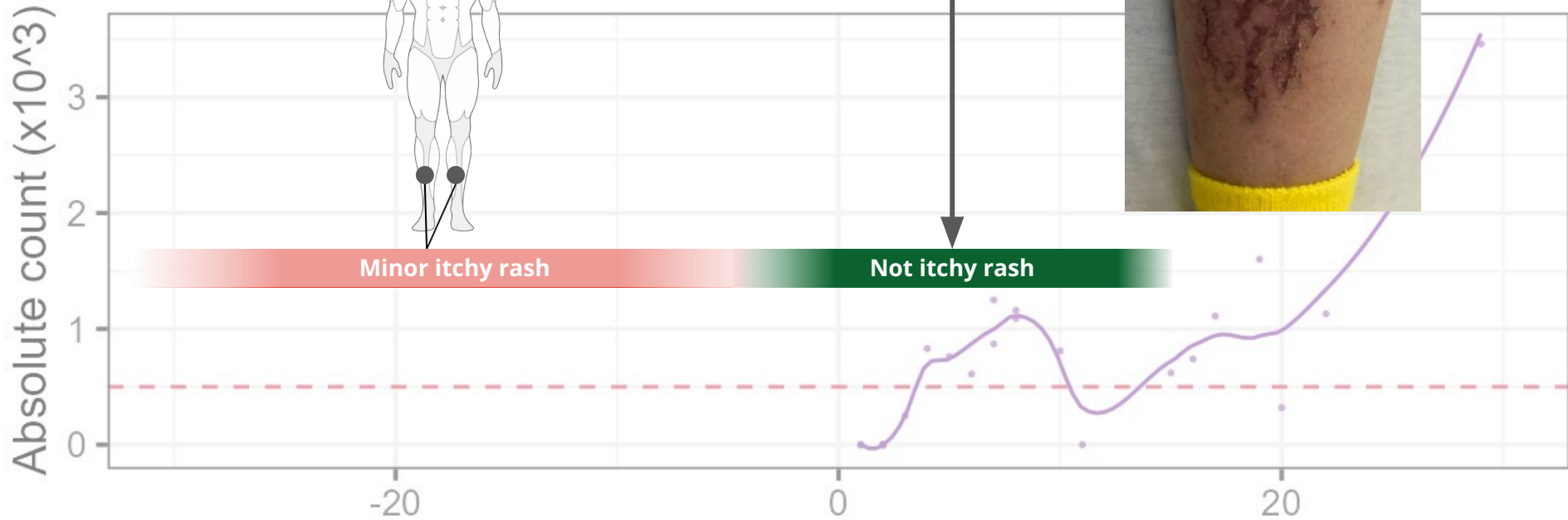
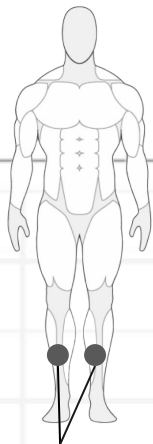
Rash before abx

Onset: Wife informs that he had a minor version of this same rash for maybe a **month before hospitalization**

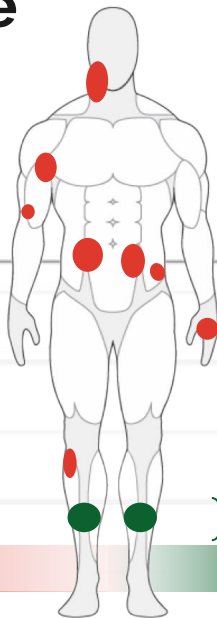
- Started on **bilateral legs**
- Lesser extent in webs of fingers



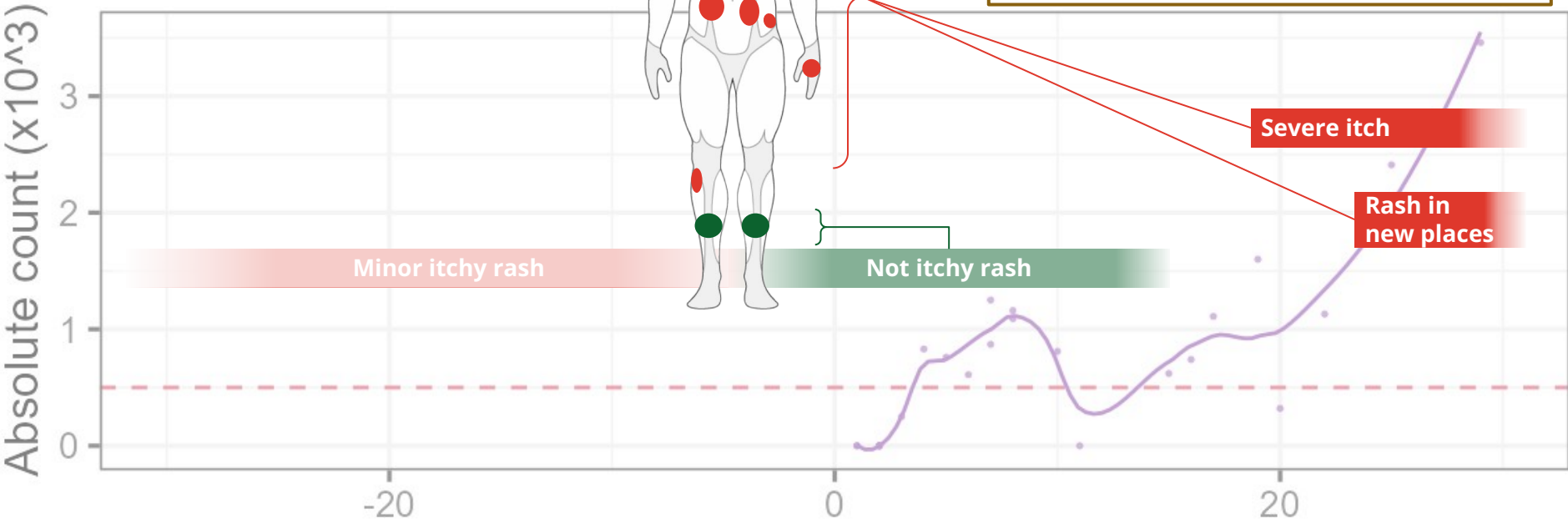
Case 1: Rash timeline



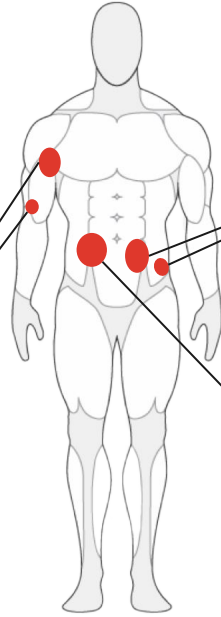
Case 1: Rash timeline



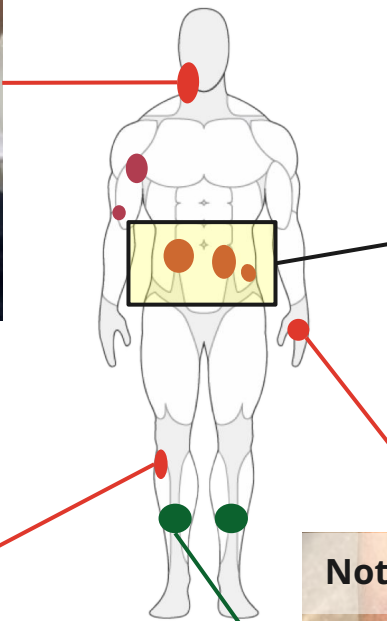
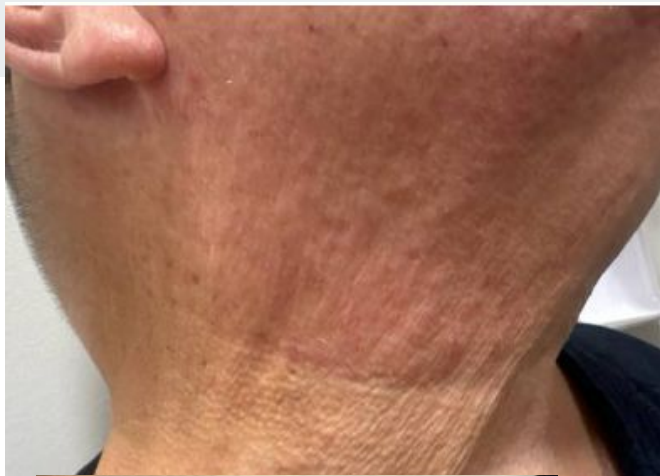
- Worsening (at SNF)**
1. New areas involved:
Abdomen → arms → face
 2. Old areas: **no longer itchy**
 3. Severity: Pruritis is **way more intense**



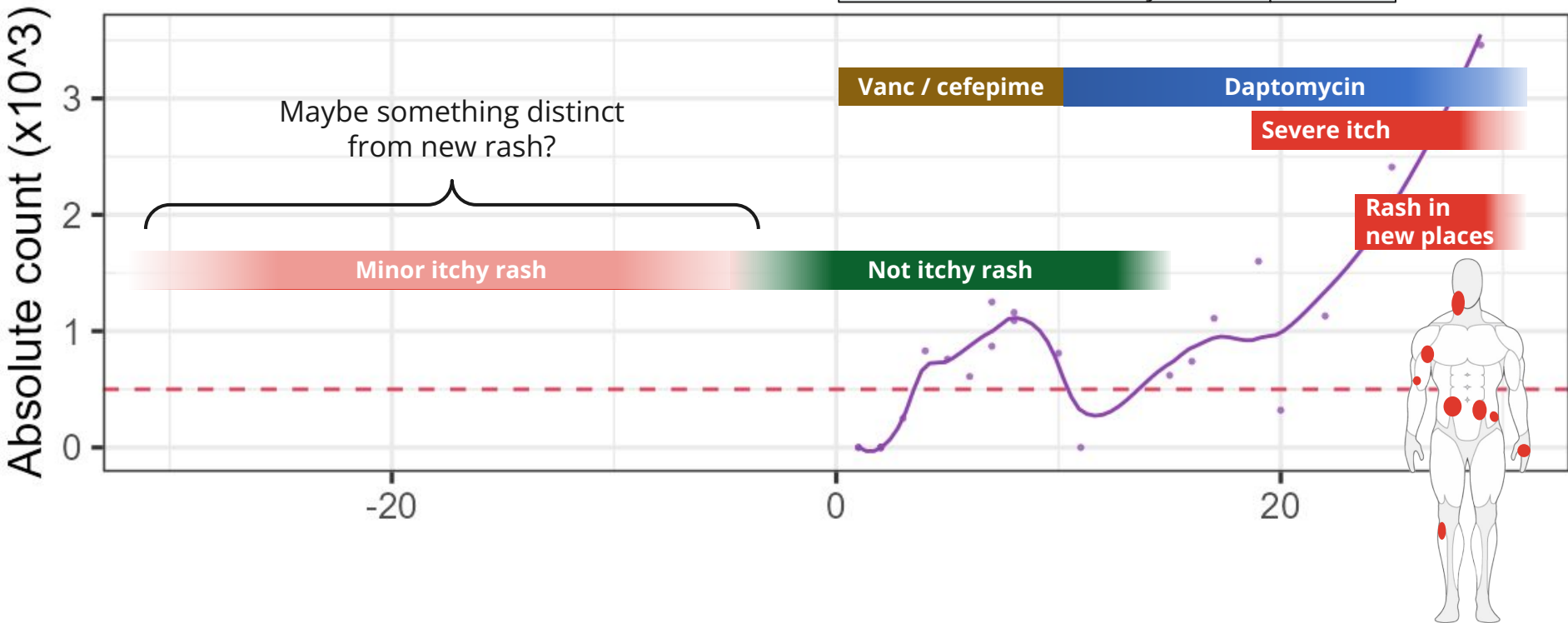
Case 1: Exam



Blanching rashes



Case 1: Rash timeline



Case 1: Social history, exposures, & risk factors



Geographic & Travel

- Lives on Ohio/WV border with wife of 35+ years
- No recent travel, never out of the country

Case 1: Social history, exposures, & risk factors



Geographic & Travel	<ul style="list-style-type: none">• Lives on Ohio/WV border with wife of 35+ years• No recent travel, never out of the country
Occupational	<ul style="list-style-type: none">• No longer working• Doesn't spend much time outdoors anymore (used to hunt, but not as much in recent years; none this season)

Case 1: Social history, exposures, & risk factors

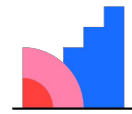


Geographic & Travel	<ul style="list-style-type: none">• Lives on Ohio/WV border with wife of 35+ years• No recent travel, never out of the country
Occupational	<ul style="list-style-type: none">• No longer working• Doesn't spend much time outdoors anymore (used to hunt, but not as much in recent years; none this season)
Animals	<ul style="list-style-type: none">• Denies farm animal exposures, bird/reptile exposures, or other animal exposure (aside from their pet dog)

Case 1: Social history, exposures, & risk factors

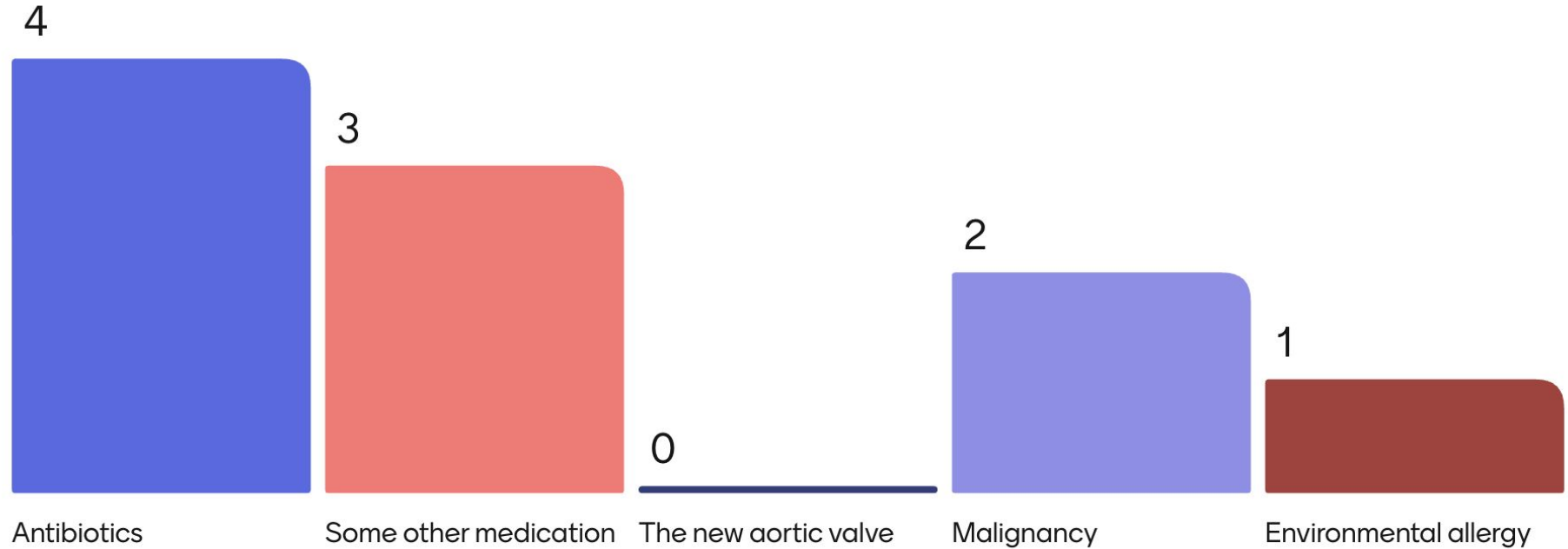
Geographic & Travel	<ul style="list-style-type: none">• Lives on Ohio/WV border with wife of 35+ years• No recent travel, never out of the country
Occupational	<ul style="list-style-type: none">• No longer working• Doesn't spend much time outdoors anymore (used to hunt, but not as much in recent years; none this season)
Animals	<ul style="list-style-type: none">• Denies farm animal exposures, bird/reptile exposures, or other animal exposure (aside from their pet dog)
Medications	<ul style="list-style-type: none">• Has been on Lamictal (seizures) and aspirin (CAD) for >8 years• Started on Brilinta on admission (~day 1) after had PCI• Started on amio (post-SAVR) for A-fib• <u>Allergy</u>: Bactrim causes rash, no issues with other antibiotics in the past

[Q4] What is
causing the rash?

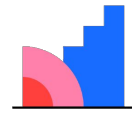


Mentimeter

[Q4] What is causing the rash/eosinophilia?



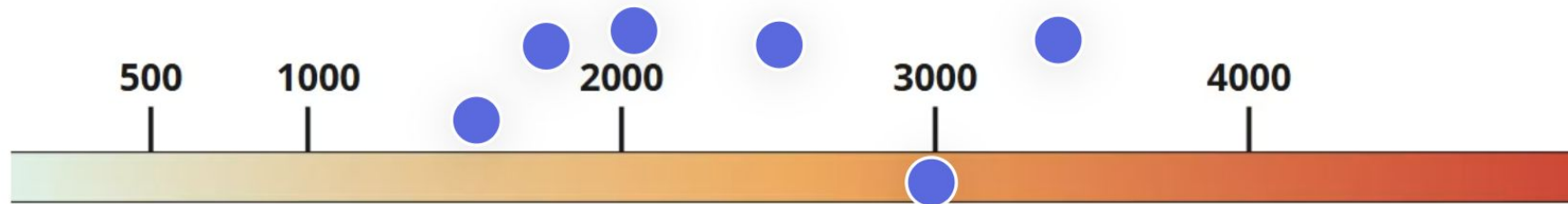
**[Q5] Eosinophilia:
How high is too
high?**



Mentimeter

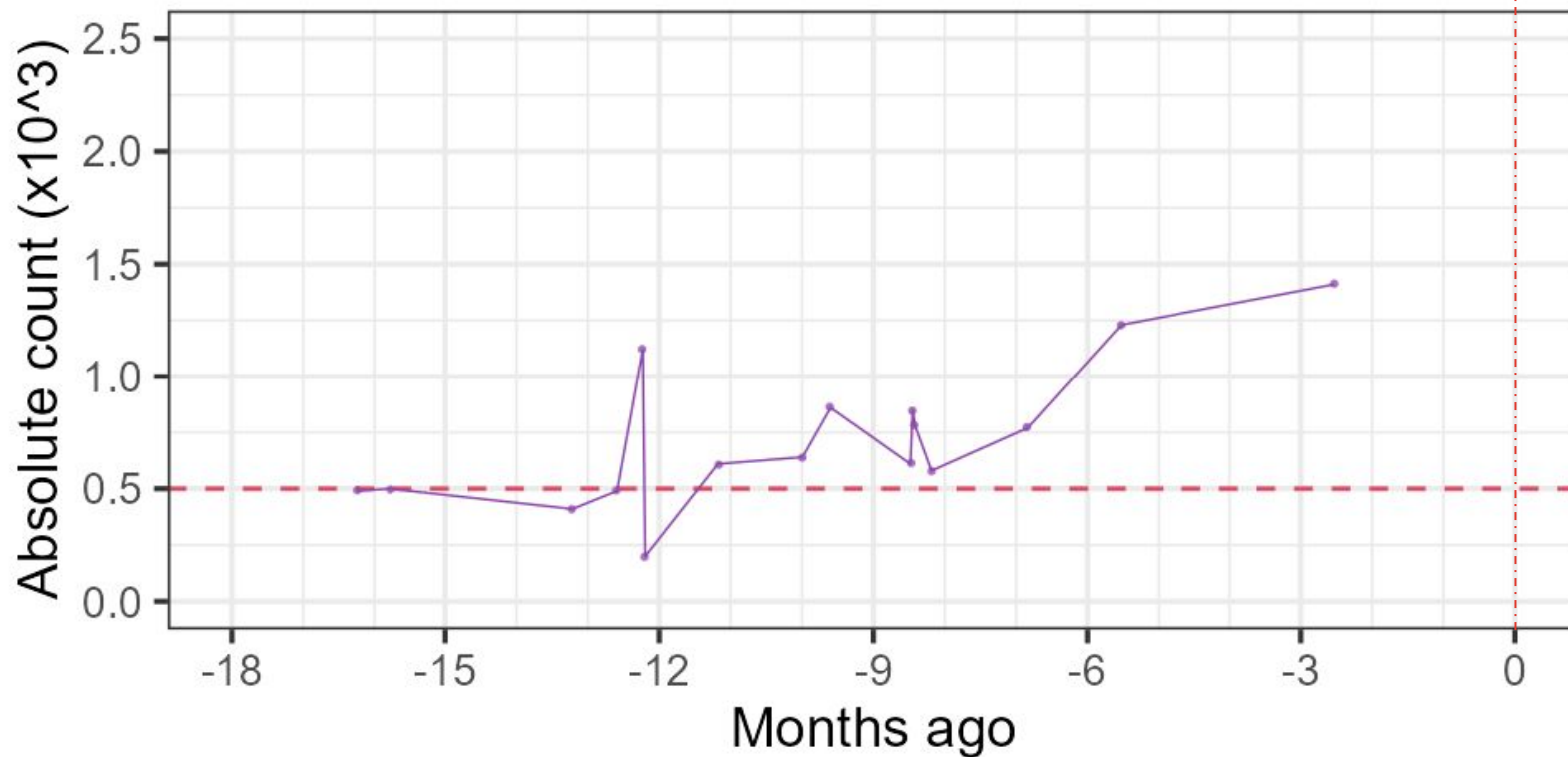
Assuming no symptoms

[Q5] At what eosinophil count would you change therapy?



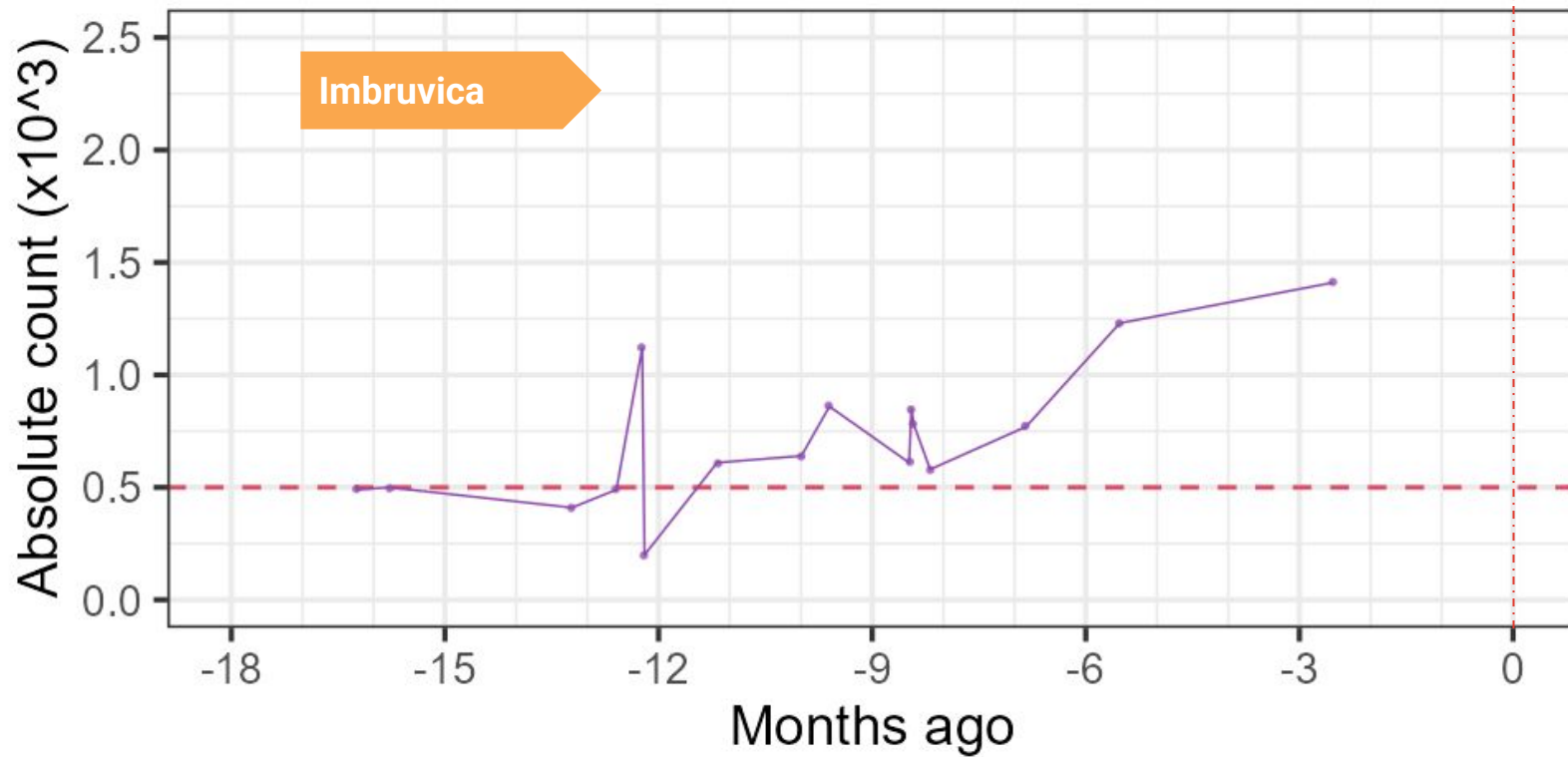
Case 1: Eosinophilia is not *exactly* new...

IE admission

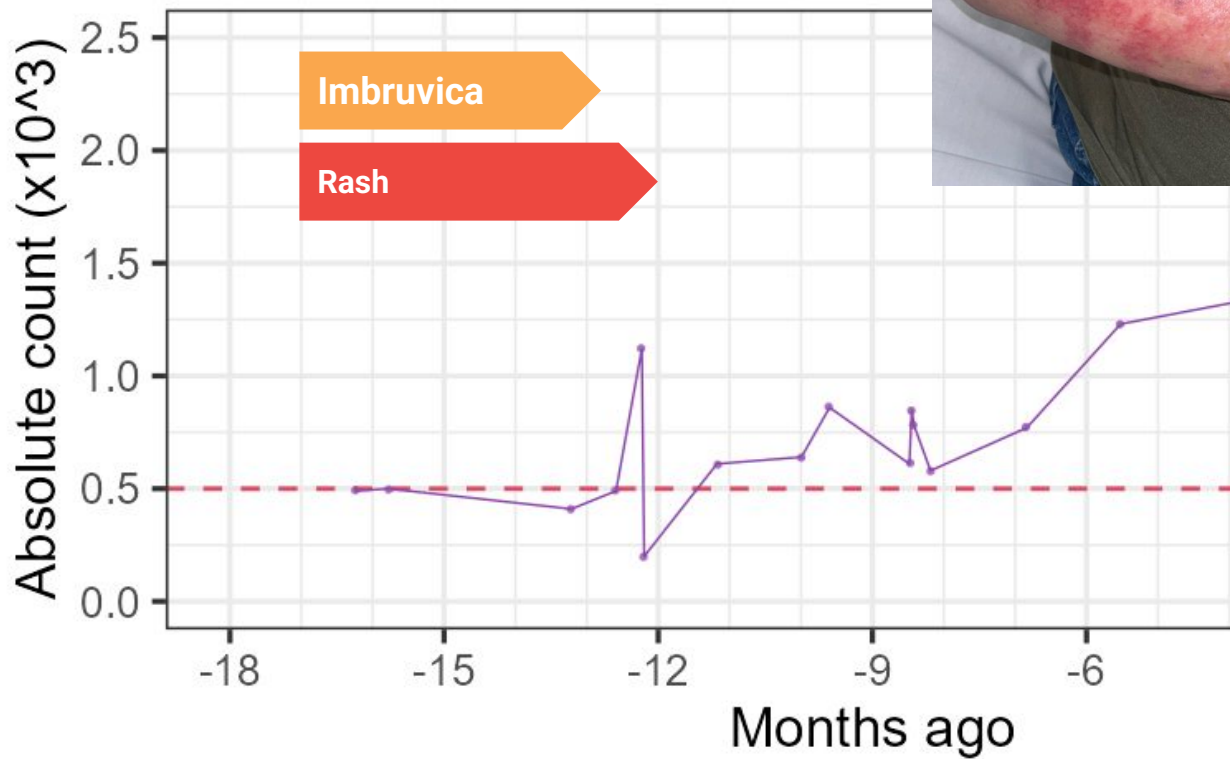


Imbruvica
(ibrutinib)

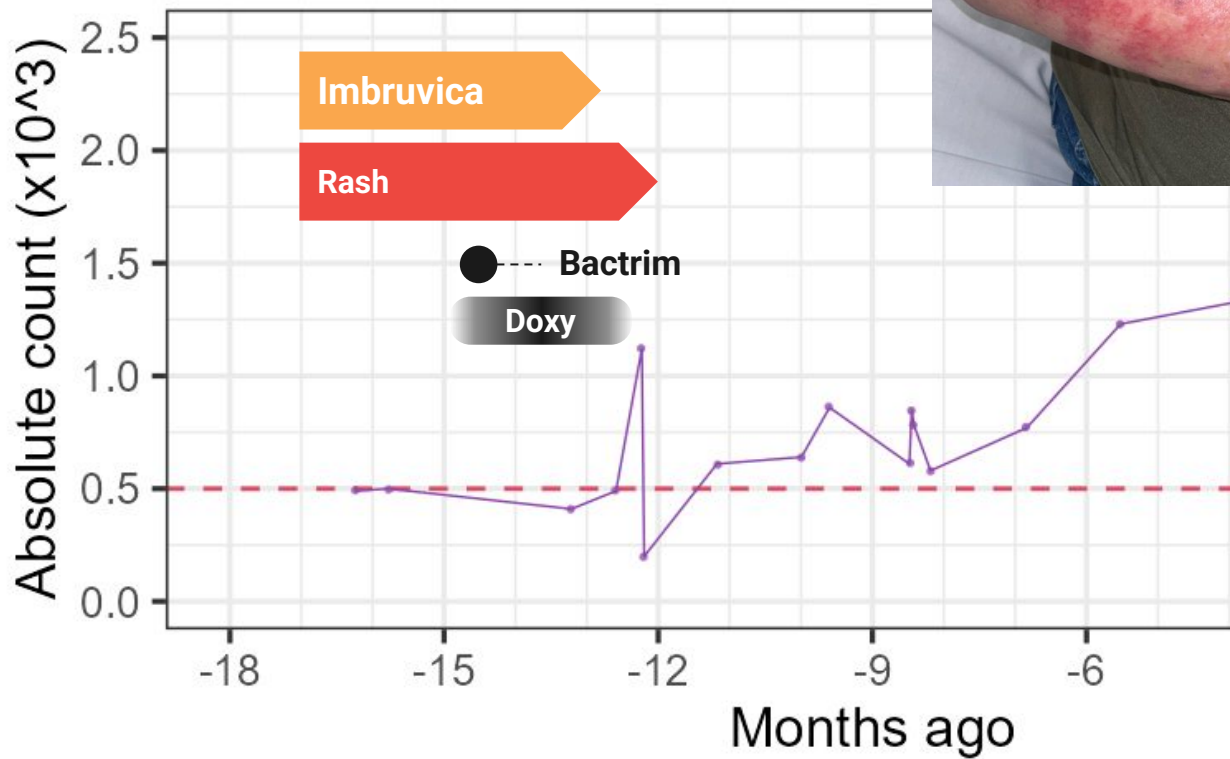
IE admission



Imbruvica (ibrutinib)

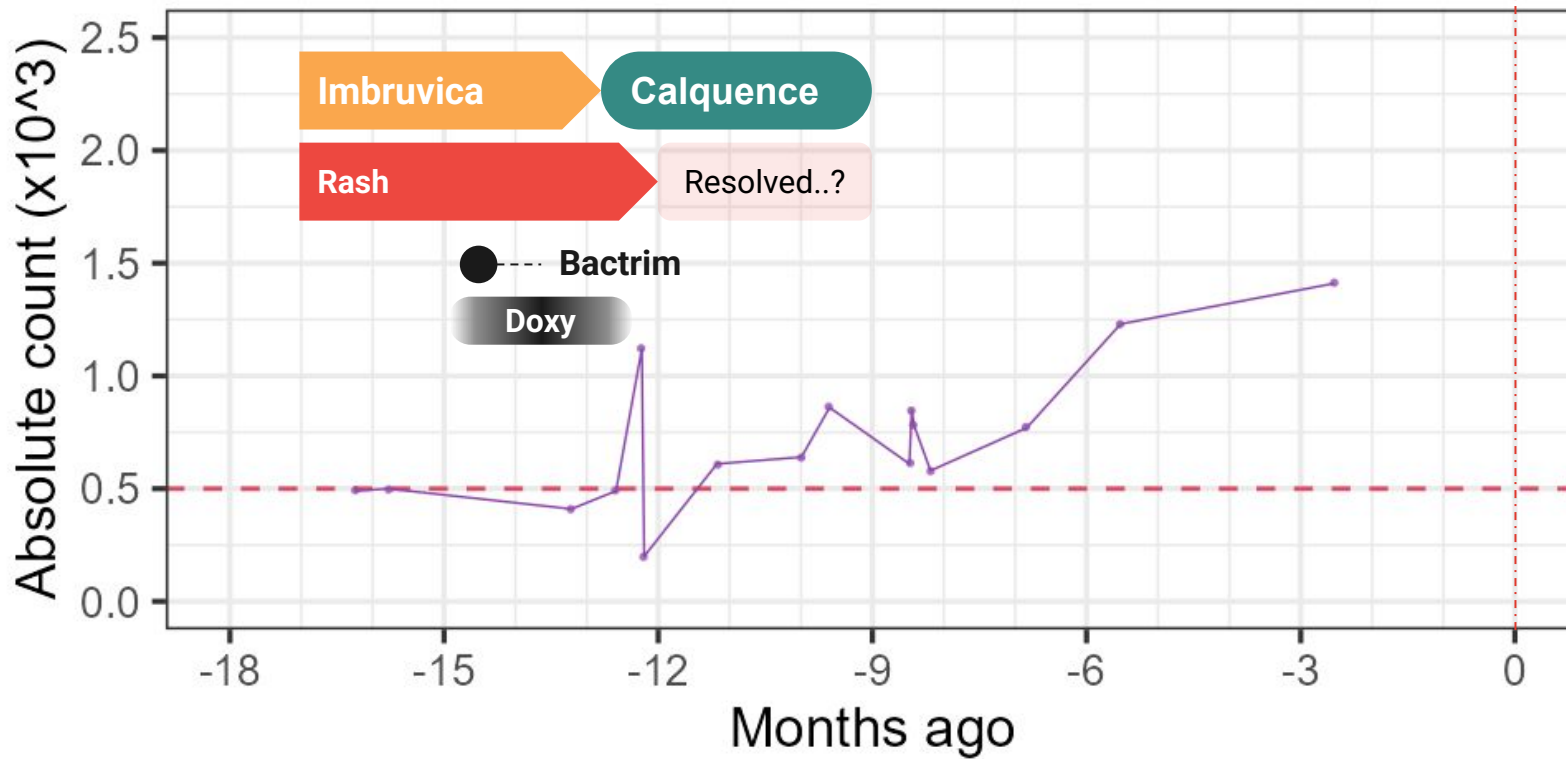


Imbruvica (ibrutinib)

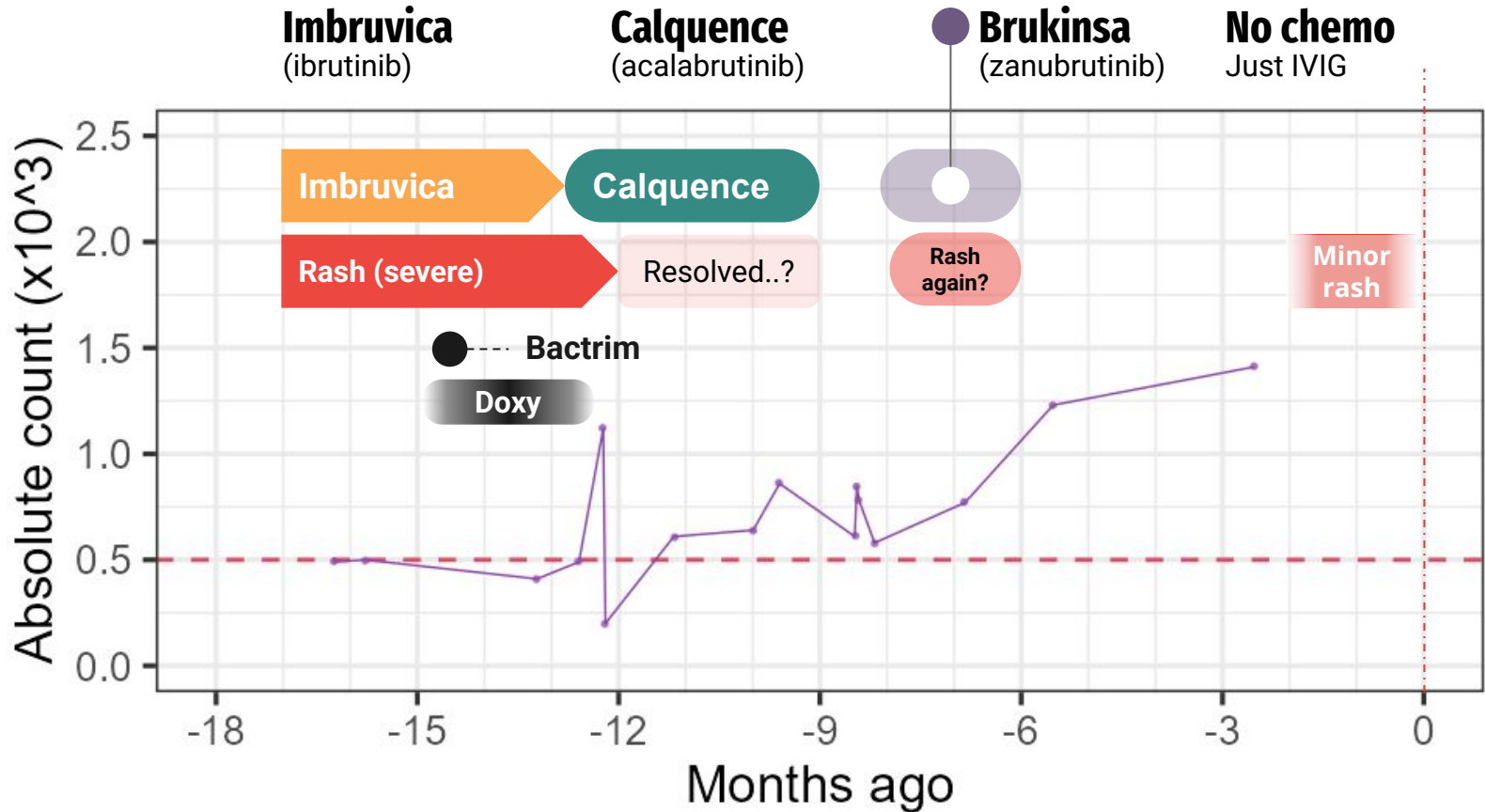


Imbruvica
(ibrutinib)

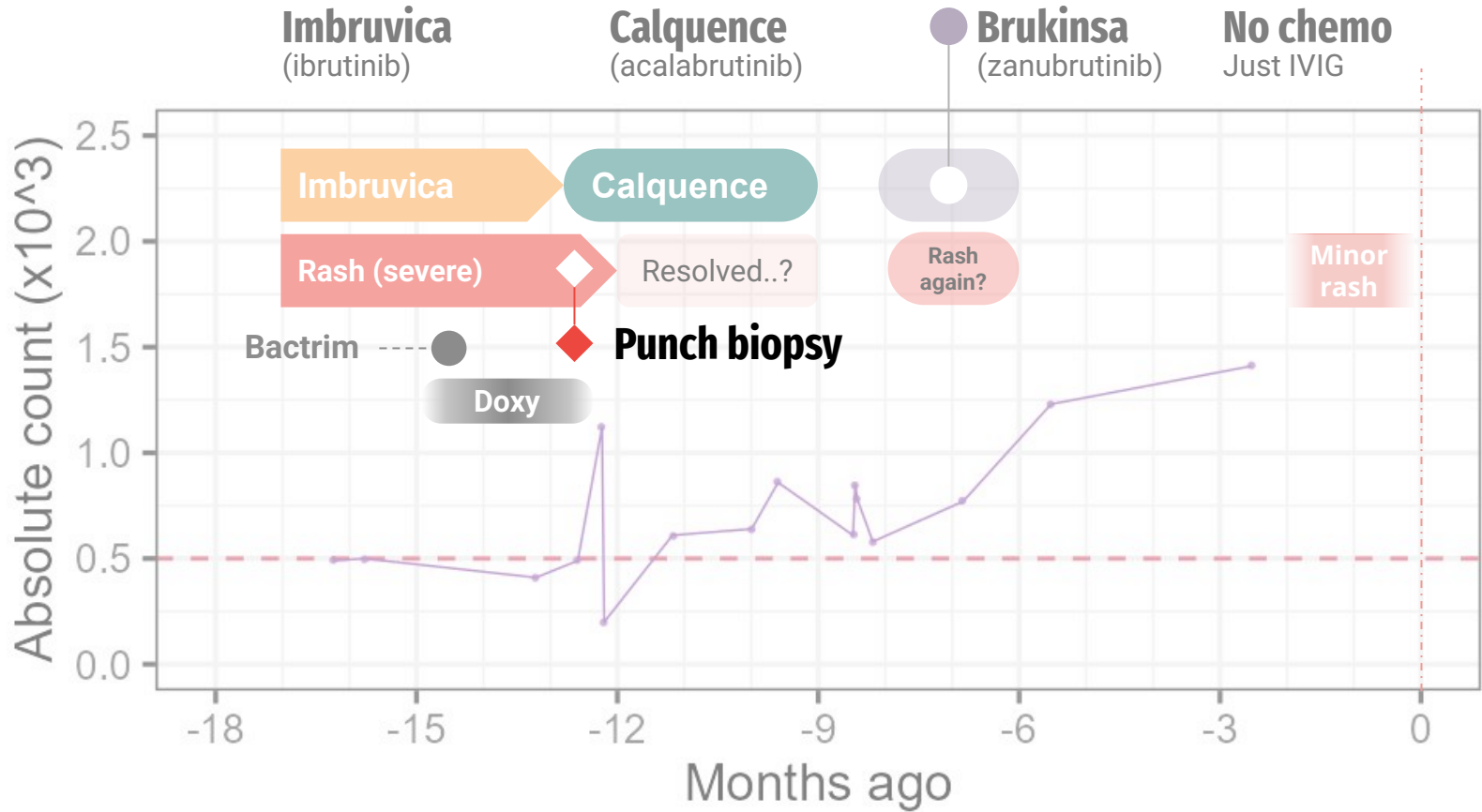
Calquence
(acalabrutinib)



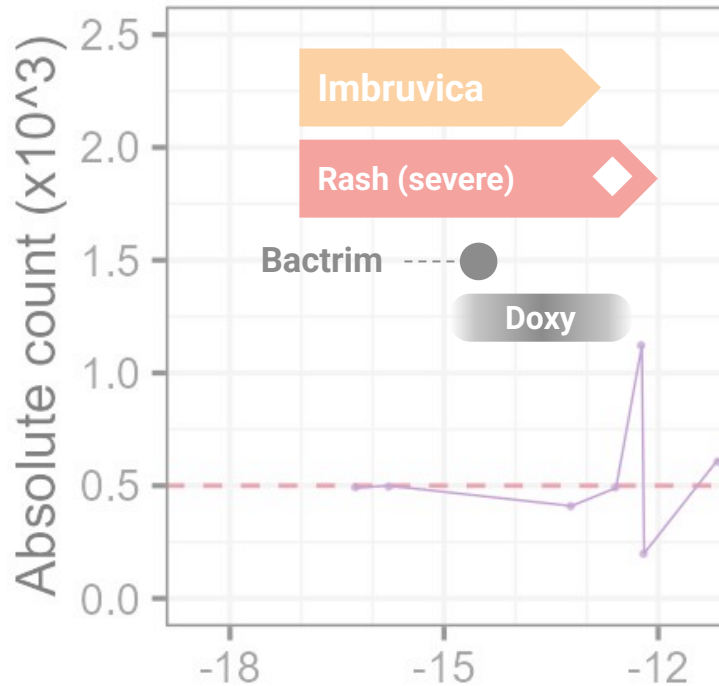
Bruton's tyrosine kinase (BTK) inhibitors



Bruton's tyrosine kinase (BTK) inhibitors



Case 1: Old Bx



◆ Punch biopsy of arm

Subacute spongiotic dermatitis with **superficial lymphocytic cell infiltrates** and **actinic changes**, see Comment

These findings are **entirely non-specific** and those of a subacute to chronic spongiotic dermatitis with superficial predominant perivascular infiltrates associated (possibly secondarily) with actinic damage. Eczematized actinic keratosis is possible; but Epic indicates this biopsy is a portion of a broader eruption. A **spongiotic drug eruption is a possibility**, or even an erythema reaction due to rubbing may also be explain these histopathologic findings.

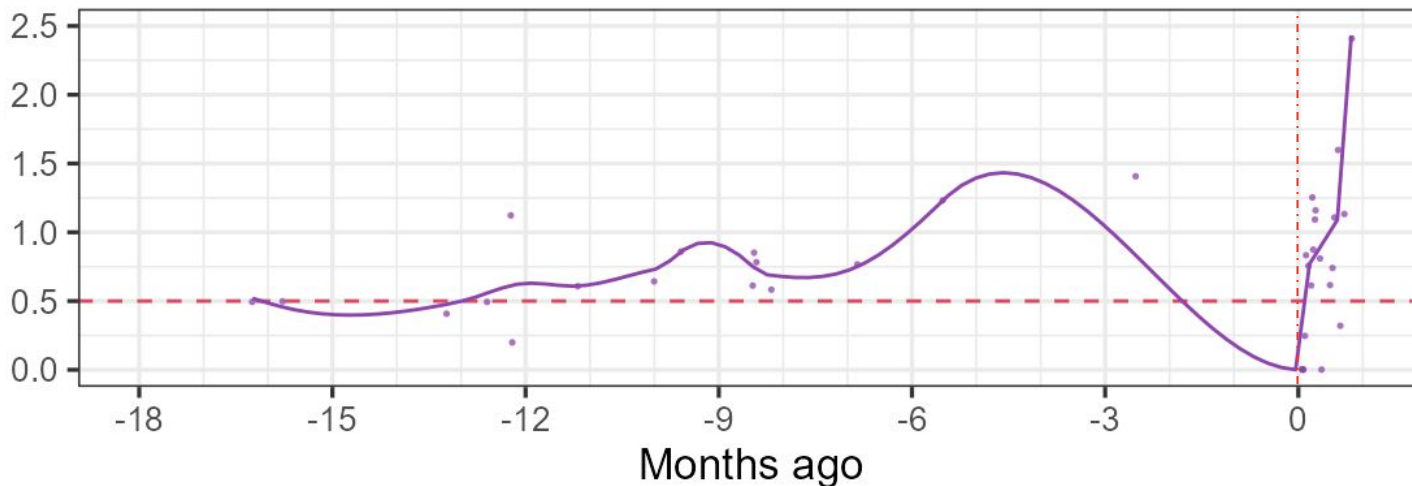
There are **no overt tumoral infiltrates** to suggest a fully developed leukemia cutis. A connective tissue disorder is unlikely but cannot be excluded with complete surety. These histopathological features would **not be characteristically seen** in subacute cutaneous lupus nor Sweet's syndrome. The direct immunofluorescence studies are nonspecific.

Case 1: ID clinic follow up

Did not suspect issues to be related to antibiotics

- Still **changed to Zyvox** (hard to continue dapto with eosinophils > 2k)

Strongly advised **prompt hematology follow up**

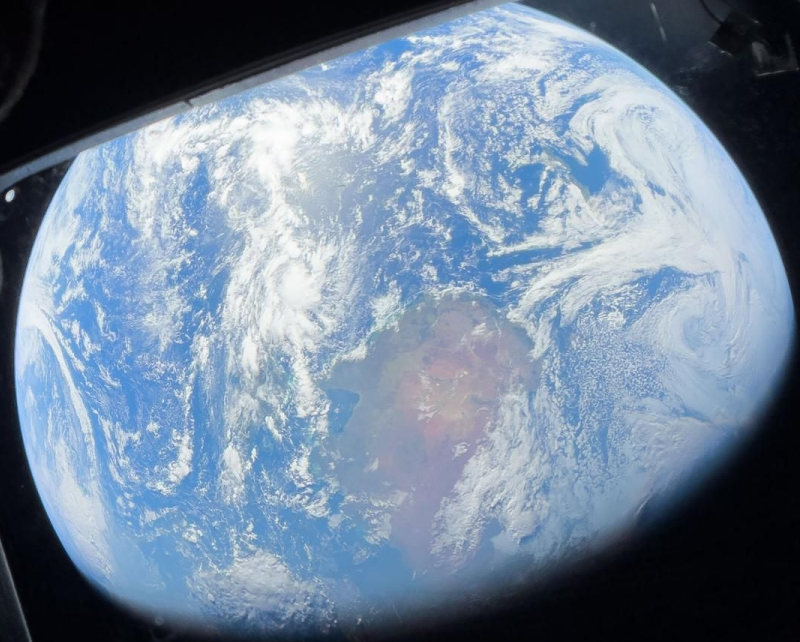


MARS call #2

Artemis II Commander Reid Wiseman
peers out Orion's main cabin windows,
as the crew travels towards the Moon

April 2nd, 2026

Image credit: JSC/NASA



MARS #2: HPI

You are called after **multiple crew members** of the **ISS** have come down with **progressive respiratory symptoms**



Artemis II lunar flyby, captured three minutes before the Orion spacecraft went behind the Moon
[Credit](#): NASA (4/6/2026 19:41 EDT)

MARS #2: HPI



A few months into an **ISS expedition** (mission **month 2.5**), two of the six crew members developed **productive cough** and **dyspnea**

MARS #2: HPI

A few months into an **ISS expedition** (mission **month 2.5**), two of the six crew members developed **productive cough** and **dyspnea**

For the **past six days**, two of the crew members have been feeling ill

- **Three days ago**, one crew member (*Crew A*) **developed fevers**
- **Today**, that same crew member developed **increased work of breathing** and looks pale

MARS #2: HPI

A few months into an **ISS expedition** (mission **month 2.5**), two of the six crew members developed **productive cough** and **dyspnea**

For the **past six days**, two of the crew members have been feeling ill

- **Three days ago**, one crew member (*Crew A*) **developed fevers**
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Antibiotic	(more ill) Astronaut A	Astronaut B
Augmentin	No improvement	No improvement
Bactrim	No improvement	---
Cipro	---	Mild improvement

MARS #2: HPI

A few months into an **ISS expedition** (mission **month 2.5**), two of the six crew members developed **productive cough** and **dyspnea** for the past six days. Astronaut B had **mild improvement** with some **Cipro**, but Astronaut A now has **fevers** (for **3 days**) and increased **work of breathing** (1 day), despite **Augmentin** and **Bactrim**

Epi risks	Quite ill	Sick	Healthy	Healthy	Healthy	Healthy
	Crew A	Crew B	Crew C	Crew D	Crew E	Crew F
Toilet repairs	No	Yes	No	Yes	Yes	No
Electric panel repair	Yes	Yes	No	Yes	No	No
EVA?	Yes	Yes	Yes	No	No	Yes
Food source	Lot 1	Lot 1	Lot 1	Lot 2	Lot 2	Lot 2

MARS #2: HPI

A few months into an **ISS expedition** (mission **month 2.5**), two of the six crew members developed **productive cough** and **dyspnea** for the past six days. Astronaut B had **mild improvement** with some **Cipro**, but Astronaut A now has **fevers** (for **3 days**) and increased **work of breathing** (**1 day**), despite **Augmentin** and **Bactrim**. No clear shared epidemiologic risk factors.

Today (day of consult), exam by the crew medical officer (not a physician)

Astronaut A

38.9°C (102.0°F) | 112 bpm | 108/64 | **91%**

- **Accessory muscle** use
- **Rales in RLL** > LLL;
- ↓ breath sounds RLL

Astronaut B

37.8°C (100.0°F) | 104 bpm | 114/70 | **93%**

- **Coughing** on exam
- Diffuse rhonchi & scattered crackles bilaterally

MARS 2: Summary

A few months into an **ISS expedition** (mission **month 2.5**), two of the six crew members developed **productive cough** and **dyspnea** for the past six days. No clear shared epidemiologic risk factors

Astronaut B had **mild improvement** with some **Cipro**, but Astronaut A now has **fevers** (for **3 days**) and increased **work of breathing** (**1 day**), despite **Augmentin** and **Bactrim**.

- Do you abort the mission?



Image Credit: NASA/Joel Kowsky (Artemis II Launch)

MARS: Space is dirty! [1][3]



Intuition: The ISS should be clean, like an operating room

MARS: Space is dirty! [1][3]



Intuition: The ISS should be clean, like an operating room

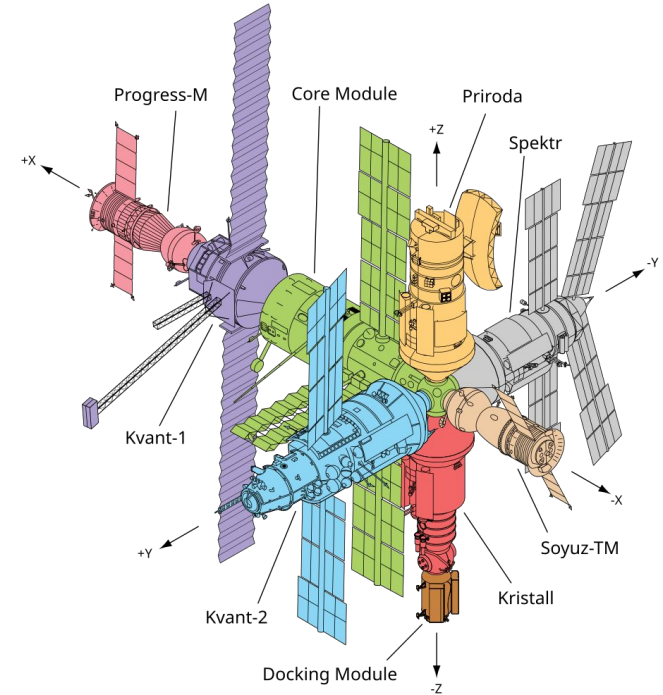
Reality: The microbiology of the ISS is much closer to an ICU

Over 15+ years, microbes have really built up

- Mainly skin flora (staph, micrococcus, strep, bacillus)
- But that's not all...!

MARS: Space is dirty [3]

When NASA removed a **service panel** and **found a humid cloud of condensate**



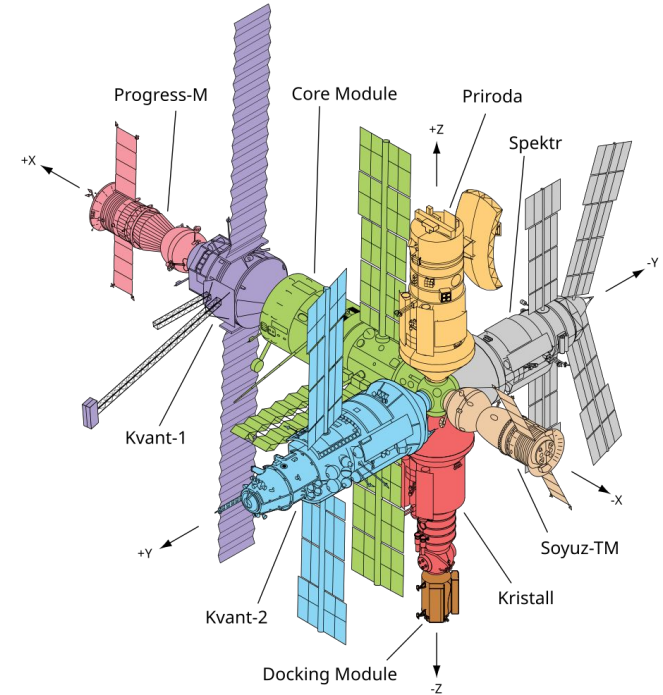
Isolated from Mir in 1998, the first space station (Soviet station)

MARS: Space is dirty [3]

When NASA removed a **service panel** and **found a humid cloud of condensate**



AI generated image (I have no idea what it looked like)



Isolated from Mir in 1998, the first space station (Soviet station)

Guess what they
isolated?



MARS: Space is dirty [3]

Isolated from Mir space station (1998)

- Multiple species of:
 - **Serratia** (*S liquefaciens*, *S marcescens*)
 - **Pseudomonas**
 - **Yersinia**
 - **Corynebacterium** & **Bacillus**
- **Legionella** (x2)
- **Citrobacter frundii** (x2)
- **Enterobacter cloacae**
- **Stenotrophomonas maltophilia**
- **Elizabethkingia meningoseptica**
- **Rhodococcus** species

Space horses?



AI generated image (I have no idea what it looked like)

MARS: Space is dirty [3]

Isolated from Mir space station (1998)

- Multiple species of:
 - **Serratia** (*S liquefaciens*, *S marcescens*)
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Space horses?

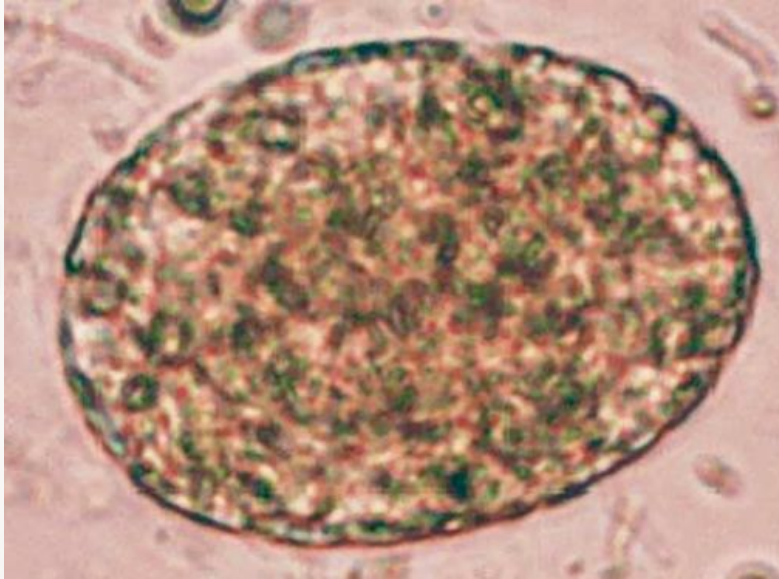
Fungal

- Multiple species of **Candida**
- **Fusarium** species (x3)
- **Penicillium** species (x3)
- *Rhodotorula rubra* (x3)
- *Cladosporium* species (x2)
- And more



AI generated image (I have no idea what it looked like)

MARS: Space is dirty [3]



Amoeba resembling *Acanthamoeba* or *Hartmanella* species



Ciliated protozoa resembling *Stylonychia* species

MARS: Space is dirty [3]

Isolated from Mir space station (1998)

- Multiple species of **Serratia**, **Pseudomonas**, **Yersinia**, **Corynebacterium**, & **Bacillus**
- **Legionella** (x2)
- **Citrobacter frundii** & **Enterobacter cloacae**
- **Stenotrophomonas** & **Elizabethkingia**
- **Rhodococcus** species
- **Amoeba** & **protozoa**

Fungal

- Multiple species of **Candida**
- **Fusarium** species (x3)
- **Penicillium** species (x3)
- *Rhodotorula rubra* (x3)
- *Cladosporium* species (x2)
- And more

Lyme? Lepto?

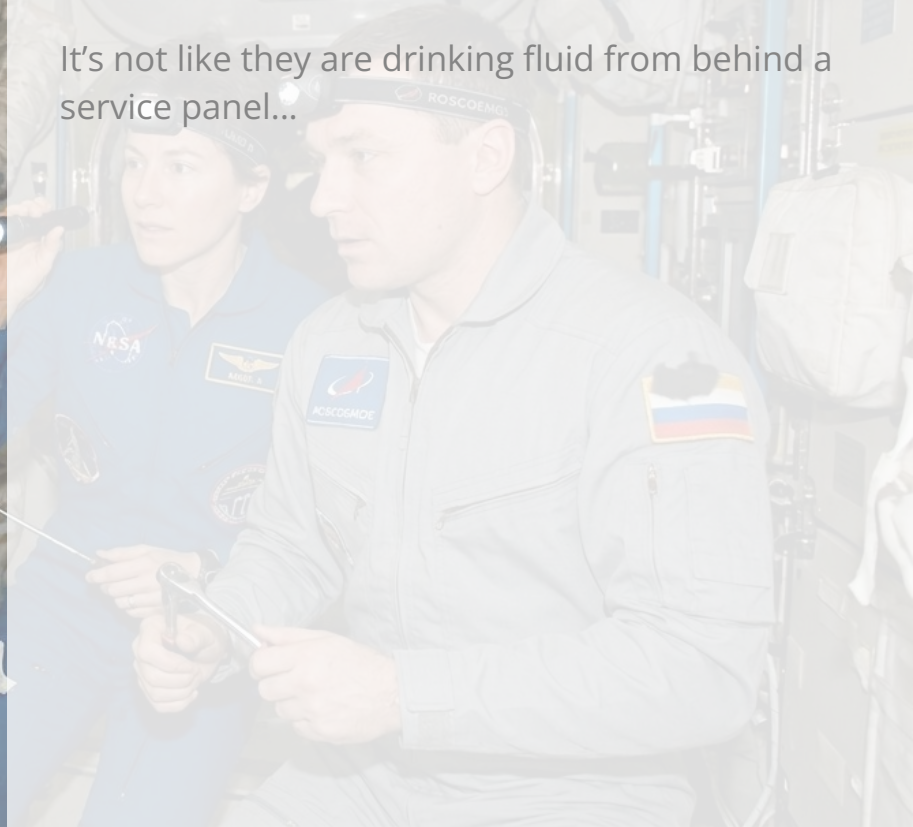
Electron microscopy suggested presence of **spirochetes**

No mycobacteria (at least yet)



Surely the **life support systems** aren't as contaminated, right?

It's not like they are drinking fluid from behind a service panel...





Surely the **life support systems** aren't as contaminated, right?

During space shuttle program, the **potable water** (generated by the fuel cells) was commonly contaminated with **low levels of Burkholderia cepacia**





Outer space or an ICU?

- Pseudomonas
- Steno maltophilia
- Burkholderia
- Serratia, citrobacter, E cloacae
- Candida krusei

Surely the **life support systems** aren't as contaminated, right?

During space shuttle program, the **potable water** (generated by the fuel cells) was commonly contaminated with **low levels of Burkholderia cepacia**

MARS: Infection Prevention & Control



Standard environmental disinfection practices (wipes, UV radiation) **do not work** well, because the bacteria are different

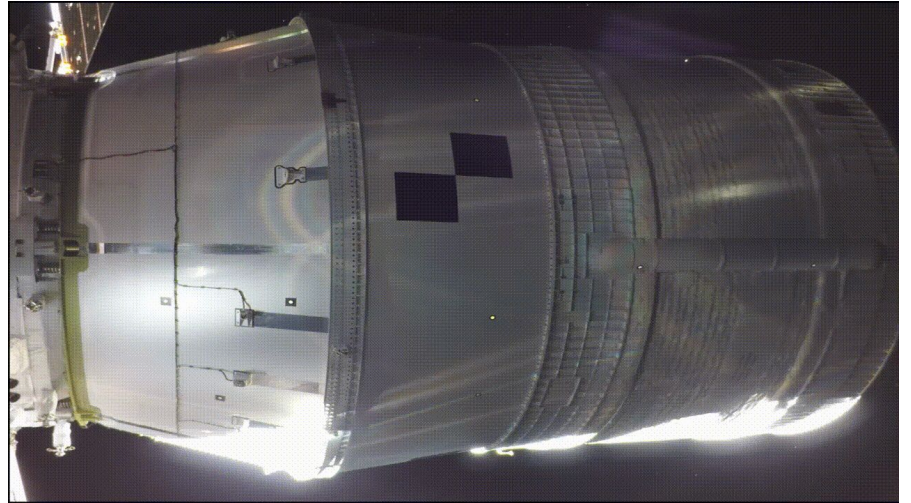
Because there is no gravity!

MARS: Pathogen responses to microgravity [1]

Spaceflight doesn't just affect human physiology, it also affects pathogens too!

Driven by Lack of Gravity

- **Fluids** are much **more static** (no convection) compared to terrestrial environment



Artemis II Upper Stage Separation

[Image credit: NASA \(4/1/2026\)](#)

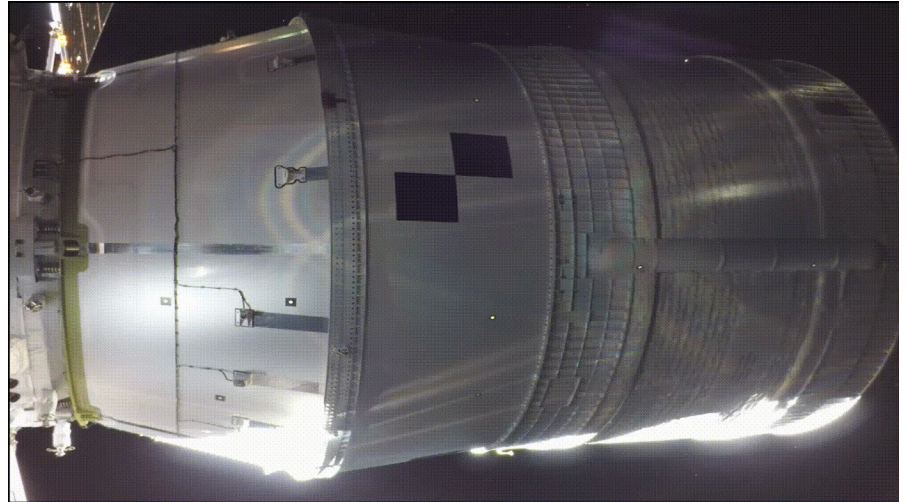
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Spaceflight doesn't just affect human physiology, it also affects pathogens too!

Driven by Lack of Gravity

- **Fluids** are much **more static** (no convection) compared to terrestrial environment
- Bacteria rely on **passive diffusion** for nutrients and waste removal

Exception: Bacteria with **flagella** **maintain** active transport capabilities



Artemis II Upper Stage Separation

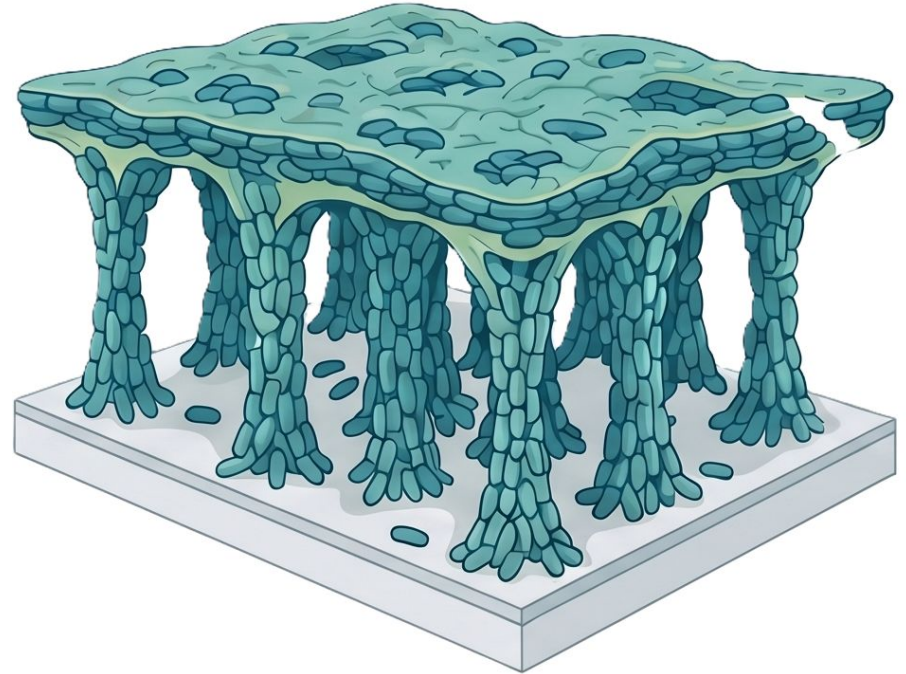
Image credit: NASA (4/1/2026)

MARS: Pathogen responses to microgravity [1]

Pseudomonas overcomes diffusion limitations in microgravity by building **unique biofilms** [4]

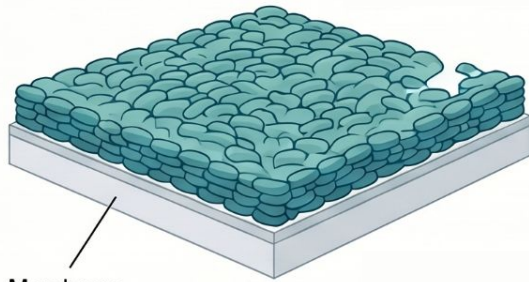
Structure never seen on Earth:

- Thicker overall matrix
- **"Column and canopy"** architecture
- Optimized for **nutrient diffusion**

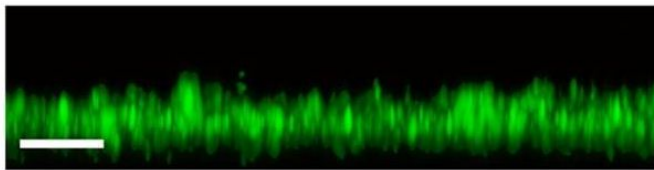
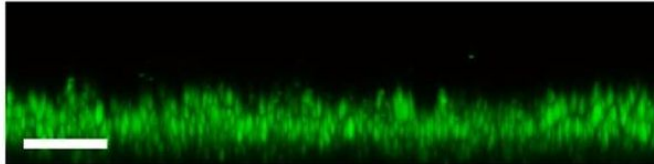


AI generated image (Google NotebookLM)

EARTH'S STATIC STRUCTURE (Normal Gravity)

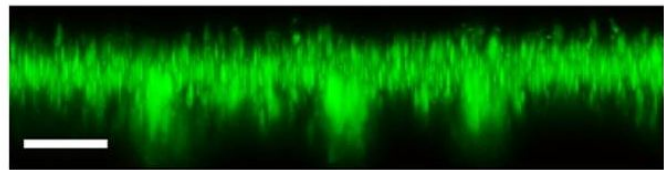
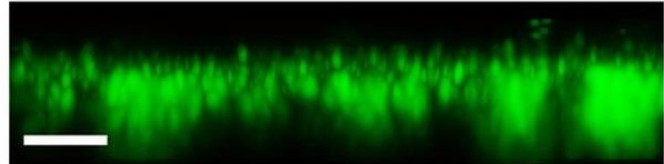
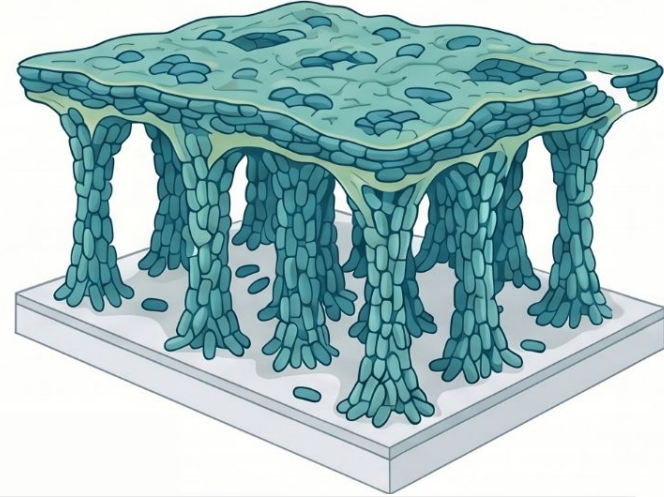


Membrane substrate



Real world data from Kim et al [4]

THE SPACEFLIGHT "COLUMN-AND-CANOPY" (Microgravity)



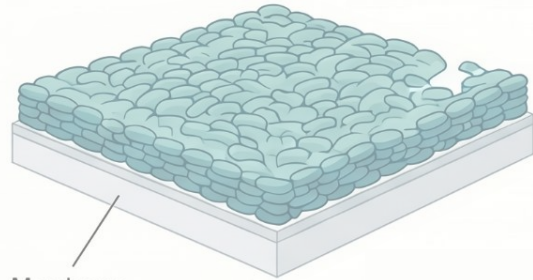
Scale bar: 10 μ m

Architecture of the Void: The Unique “Column-and-Canopy” Biofilms of Space

Research from Space Shuttle missions STS-132 & STS-135 revealed that *Pseudomonas aeruginosa* forms a novel “column-and-canopy” biofilm architecture in microgravity, characterized by increased biomass, thickness, and void space, never observed under static Earth conditions.

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(Normal Gravity)



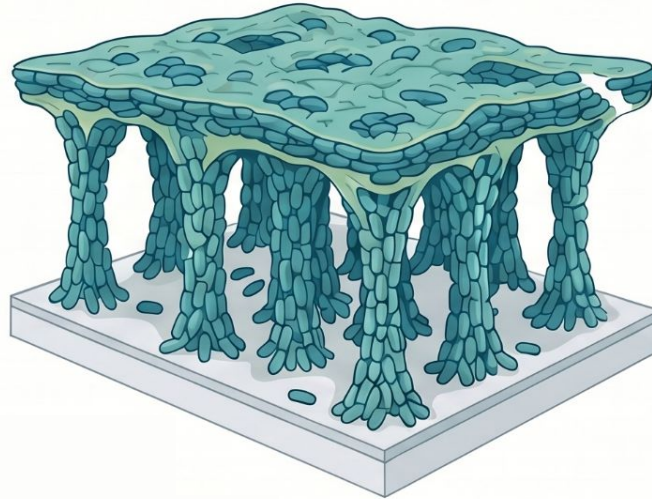
Membrane substrate

Typically forms thin, flat, and uniformly dense biofilms.

1.8x
Increase in
Void Fraction

THE SPACEFLIGHT “COLUMN-AND-CANOPY”

(Microgravity)



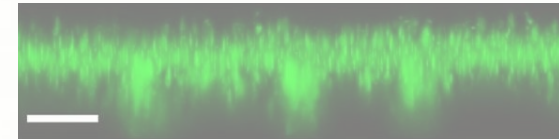
Microgravity triggers a 3D architecture consisting of dense cell aggregates forming vertical “columns” supporting a mat-like “canopy” on top.

BIOLOGICAL DRIVERS & IMPACT



THE NECESSITY OF MOTILITY

Flagella-driven motility is essential for this formation, bacteria without the ability to swim fail to create the column-and-canopy shape.

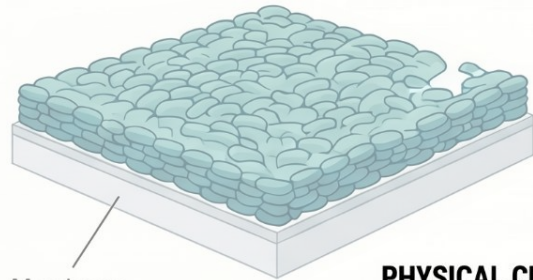


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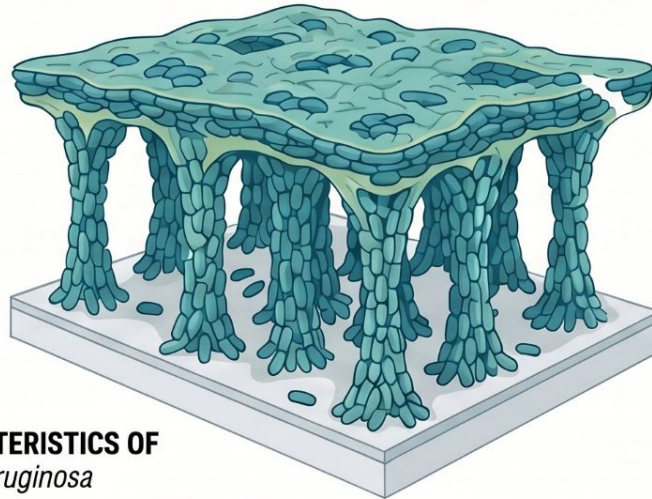
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THE SPACEFLIGHT “COLUMN-AND-CANOPY”

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PHYSICAL CHARACTERISTICS OF Wild Type *P. aeruginosa*

$5.4 \pm 0.5 \mu\text{m}$	Mean Thickness	$9.8 \pm 1.0 \mu\text{m}$
$3.7 \pm 0.1 \mu\text{m}^3/\mu\text{m}^2$	Biomass	$5.0 \pm 0.4 \mu\text{m}^3/\mu\text{m}^2$
0.26 ± 0.05	Void Fraction	0.47 ± 0.02

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BIOLOGICAL DRIVERS & IMPACT



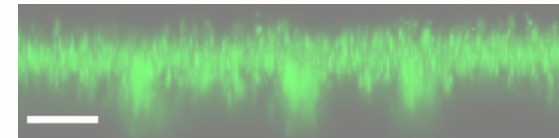
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INCREASED BIOFILM PROLIFERATION

Spaceflight biofilms show a 3-fold increase in viable cell counts and significantly greater mean thickness compared to Earth controls.





Returning to Earth

Mission Control (April 7th)
[Image Credit](#): NASA/Robert Markowitz

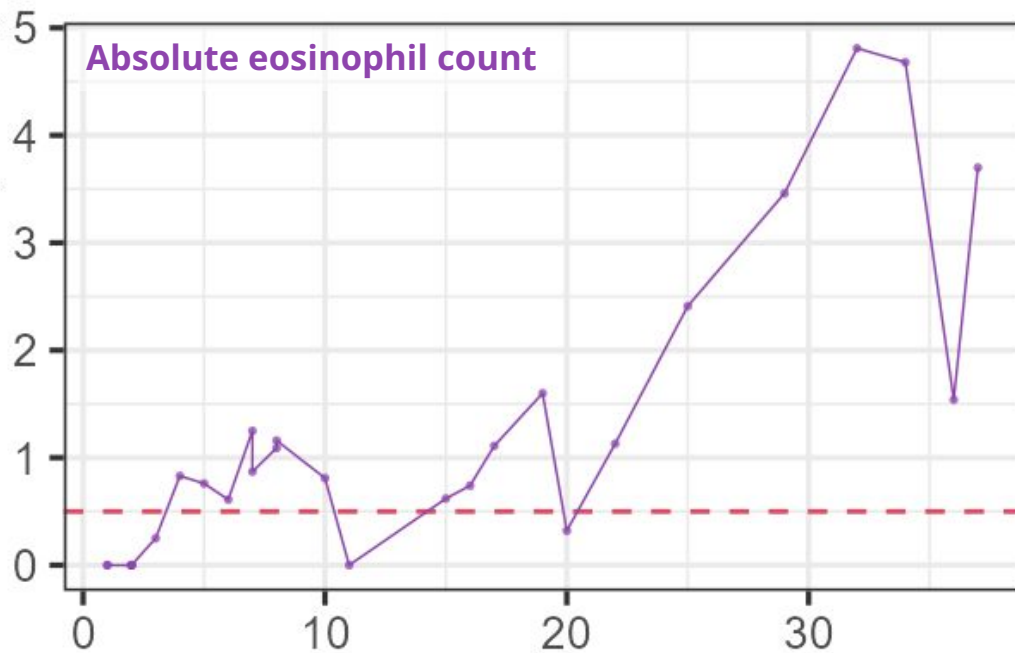
Case 1: Readmission to OSH



Presents to local hospital due to
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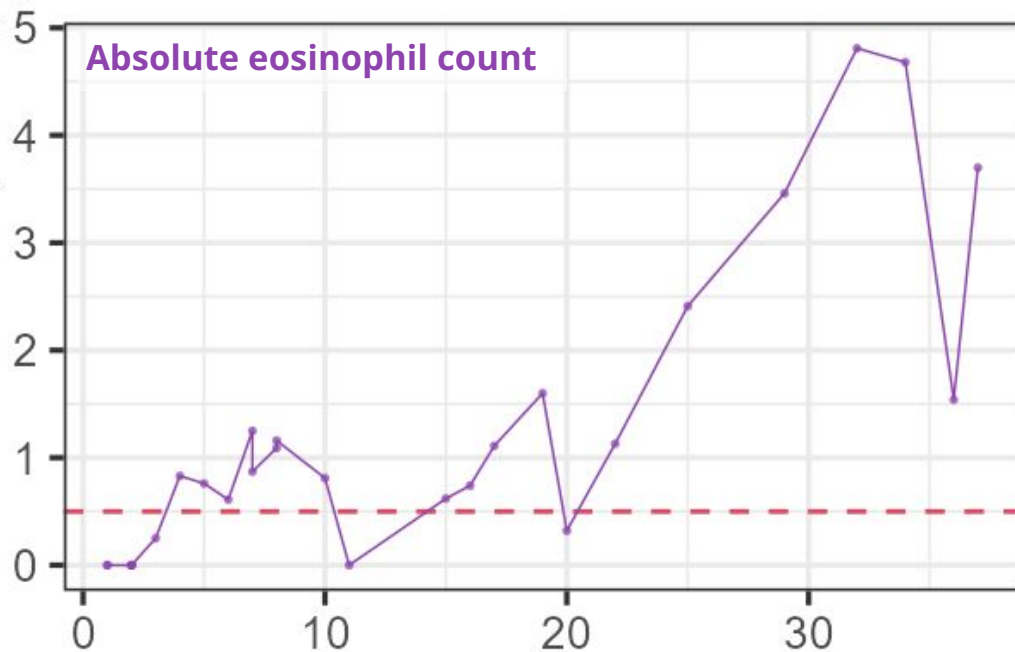
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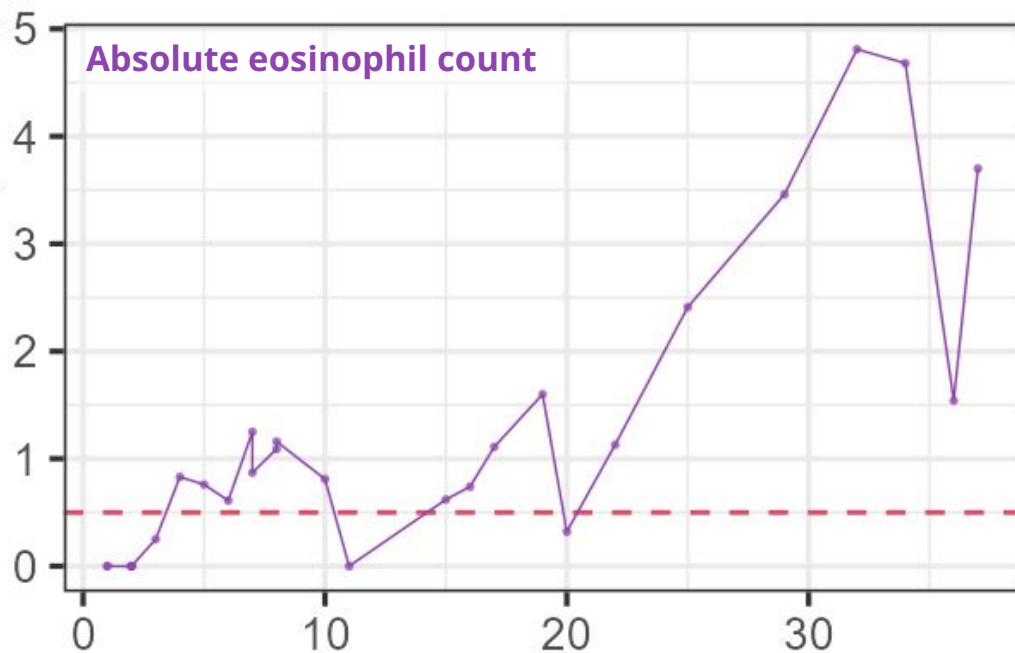
- Gets steroids with improvement
- Seen by **hematology**



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Seen by ID there

Outside ID note:

The cause of the eosinophilia is uncertain. I do not suspect this is due to Linezolid

While the steroids have resolved the eosinophils temporarily, **needs workup to determine the etiology** of the eosinophils (and **evaluation for any end organ dysfunction** - **TTE pending**).

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- IgE levels: **8.4** (normal)
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Discharged with:

- Steroids
- Allergy referral
- Derm follow up

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Case 1: Going to another system

Opts for a **second opinion** in another hospital system (agreed) and sees:

HemeOnc

Dermatology

Infectious Diseases

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Infectious Diseases

- **Do not** think it is infectious
- Order **histoplasmosis & toxocara** (negative)
- Plan to **use PET/CT to guide duration** of the doxy

Alpha-Gal after bioprosthetic valve

Not that the patient had this, but
great idea from OSH infectious
disease team



Links to article discussed
here

Alpha-gal & bioprosthetic valves [7]

Mechanism of complication

Presence of alpha-gal epitopes in bovine and porcine bioprosthetic valves

Potential Responses:

- Eosinophilic infiltration of valve tissue
- Risk of systemic anaphylaxis

Case report

Patient tolerated pork but reacted to beef.

Management included:

- Pre-treatment with steroids
- Montelukast & Cetirizine
- Diphenhydramine

Recommendation for "Challenge" Decision

Use an **alpha-gal-specific IgE to total IgE ratio of 5%** as a cutoff threshold to consider bioprosthetic valve challenge.

Note: Data is currently very limited regarding "challenging" with bioprosthetic valves.

MARS call #3

NASA's Orion spacecraft is pictured here from one of the cameras mounted on its solar array wings

April 7th, 2026 on 8:58 a.m. ET (mission day 7)
Image credit: JSC/NASA



MARS #3: HPI

A **31 y/o F** astronaut presents on **mission day 60** for **erythema + calor** on the skin surrounding a recent **left elbow abrasion**

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- A week ago, noticed a **pimple** over her elbow after a prolonged EVA
 - No *overt lacerations* or skin breakdown
- In following days, noticed
 - **Erythema** developing around the area
 - Mild **pain**

EVA = "Spacewalk"
(Extravehicular Activity)

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- **No improvement** on antibiotics

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A 31 y/o F astronaut evaluated for **abscess of left elbow** that has been ongoing **after prolonged EVA** on mission **day 60**. On mission **day 64**, flight surgeon started **Augmentin**, with no improvement.

Mission control guides the crew medical officer (not a physician) on **point of care ultrasound (day 67)**

- Identifies a **5mm abscess** limited to SQ tissue
- Performs an **I&D with purulent discharge**

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Mission control guides the crew medical officer (not a physician) on **point of care ultrasound (day 67)**

- Identifies a **5mm abscess** limited to SQ tissue
- Performs an **I&D with purulent discharge**

Pretend this was somehow available on board (unlikely to be the case)

- Gram stain shows **GPC in clusters**
- **MecA** testing was **negative**

MARS 3: Summary

A **31 y/o F** astronaut evaluated for **abscess of left elbow** that has been ongoing **after prolonged EVA** on mission **day 60**. On mission **day 64**, flight surgeon started **Augmentin**, with no improvement.

On **day 67**, POCUS shows **5mm abscess**

- I&D with purulent material
- GPC in clusters on gram stain
- MecA negative

T 37.6°C, HR 93, BP 100/64

- What is the suspected pathogen?
- Why isn't she responding to Augmentin?



MARS: Are the bacteria more virulent? [1]

*Early in our ventures into space (Salyut 7), there was a great deal of concern that bacteria transformed into **superbugs** in space*

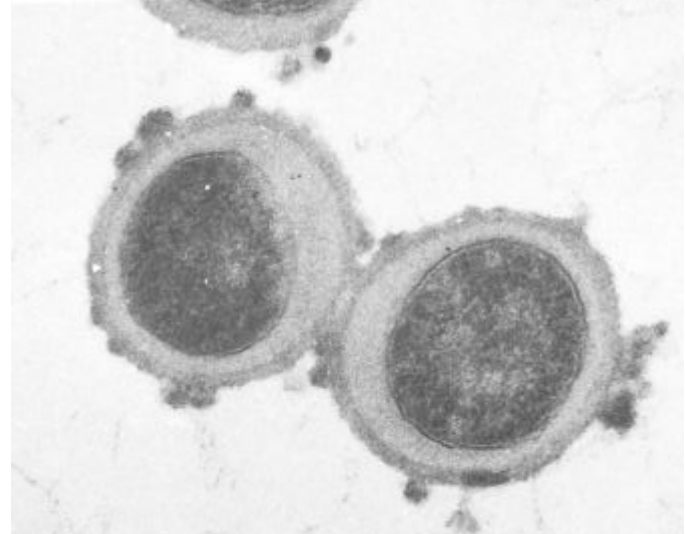
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In 1982, **staph aureus isolates** (seemingly) changed to appear **morphologically similar to VISA**



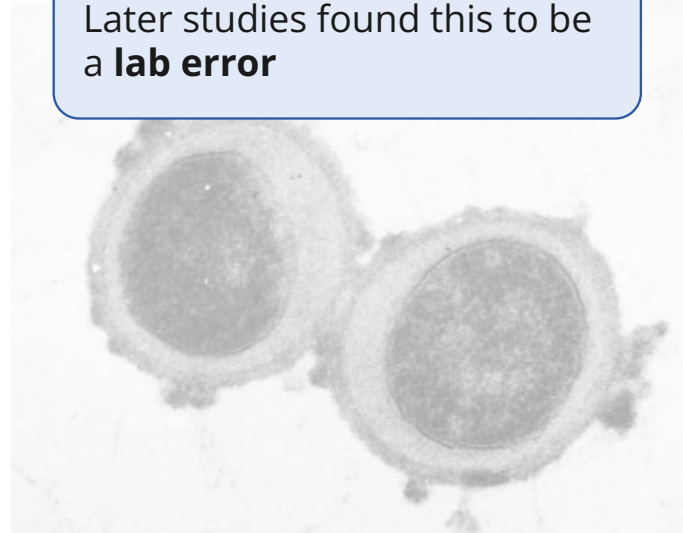
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In 1982, **staph aureus isolates** (seemingly) changed to appear **morphologically similar to VISA**

Later studies found this to be a **lab error**



MARS: Are the bacteria more virulent? [1]

We can model microgravity pretty well on Earth using LSMMG



Low-Shear Modeled Microgravity

Ground based bioreactors (HARVs) simulate the space environment with constant suspension via rotation

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Mice studies with **Salmonella** found:

- ↑↑ acid tolerance
- Faster colonization
- ↓↓ LD50



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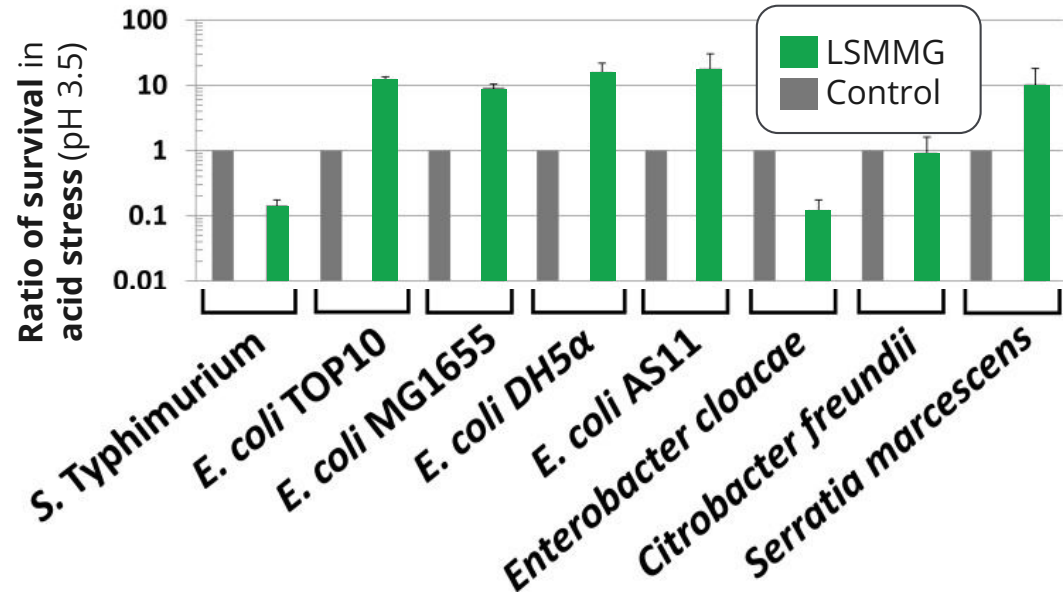
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Similar findings for other gram negatives (**Enterobacterales**) [5]



Low-Shear Modeled Microgravity



MARS: Are the bacteria more virulent? [1][5]

We can model microgravity pretty well on Earth using LSMMG

- Might make **gram negatives more virulent**

For **gram positives**, microgravity seems to **decrease virulence**

- **Decreased hemolysins** (MRSA)
- Tendency to shift from **planktonic** → **biofilm**



Low-Shear Modeled Microgravity

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Low-Shear Modeled Microgravity

Spaceflight is more than microgravity

Numerous other factors in space, which are **hard to replicate on Earth**

- Acceleration
- Radiation
- Electromagnetism
- Vibration

MARS: Are the bacteria more virulent? [1][5]

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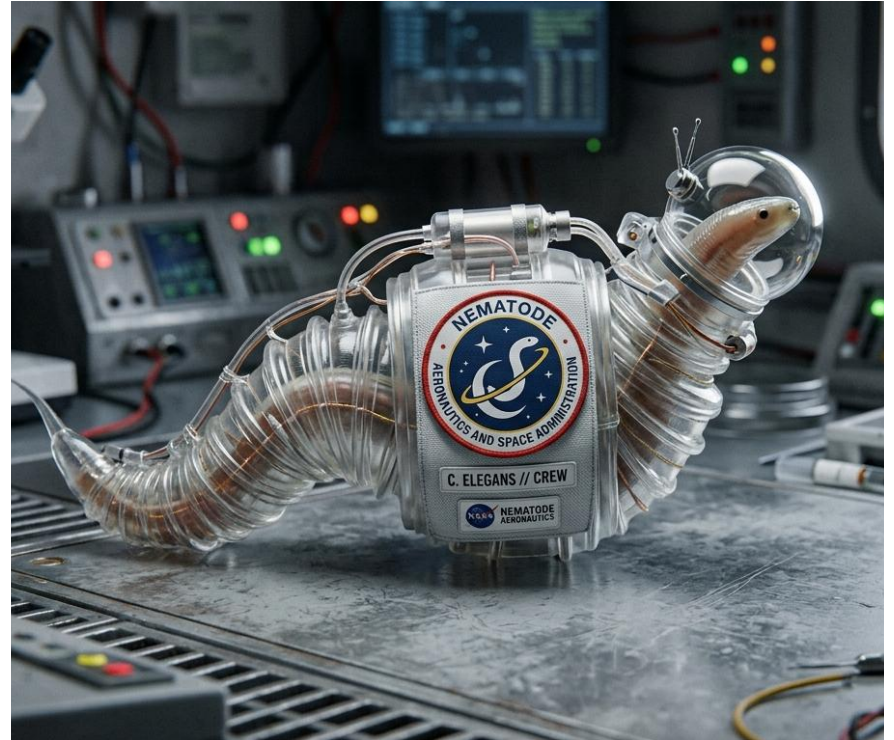
Good microbiology is hard in space

- Specialized equipment = heavy
- Limited space
- Zero G = No convection
- Astronaut time is at a premium
- Contamination

MARS: Are the bacteria more virulent? [1][6]

We have studied worms in space

- **Roundworms** brought to **ISS**
- Did *not* make worm holes

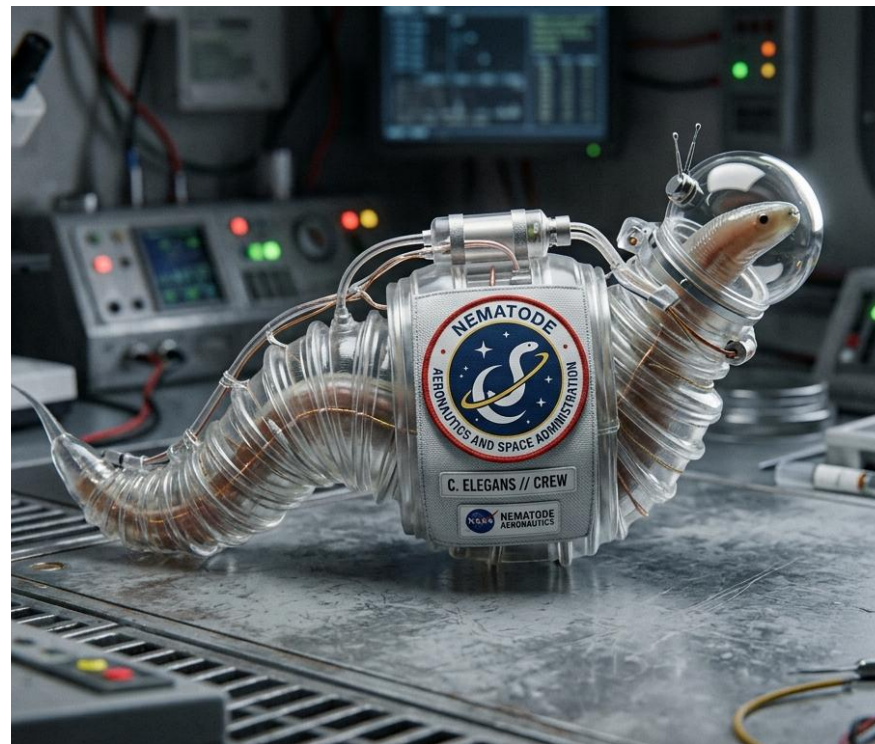


AI generated image, but not a bad design for a roundworm (Nano Banana 2)

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(vs ground)	Adult	Larvae
C albicans	↓↓ (p=.06)	↓↓
Listeria	↓↓	↓↓
E faecalis	↓↓	↓↓
MRSA	↓↓	↓↓

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MARS: If it's not the pathogen, what is it? [1]

Antimicrobials on the ISS (in 2015)

- Amikacin
- Amoxicillin
- Azithromycin
- Bactrim
- Vancomycin tablets
- Cefadroxil
- Cipro
- Flagyl
- Many topicals



LSMMG on Earth [5]

Gram neg: ↑↑ virulence
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Nematodes [6]

Less susceptible to MRSA,
E faecalis, C albicans, and
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1 in 12 don't work

During the space shuttle program, **8%** of medications were **reported as non-efficacious**



LSMMG on Earth [5]

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Gram pos: ↓↓ virulence



Nematodes [6]

Less susceptible to MRSA, E faecalis, C albicans, and listeria



Medication stability

Medications don't follow the same rules as on Earth

MARS: Medication stability in space [1]

The Study

- 35 formulations of medications
- Compared **Earth vs ISS**
- Stored for **28 months**



Medication stability

Medications don't follow the same rules as on Earth

MARS: Medication stability in space [1]

Findings

Substantial **reduction in active ingredients** were found in spaceflight medications compared to those kept on Earth

- **Augmentin**
- **Bactrim**



Medication stability

Medications don't follow the same rules as on Earth

MARS: Medication stability in space [1]

Findings

Substantial **reduction in active ingredients** were found in spaceflight medications compared to those kept on Earth

- **Augmentin**
- **Bactrim**



Medication stability

Medications don't follow the same rules as on Earth

Ionizing radiation

Trace moisture
from within the pill

Production of
**reactive oxygen
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Impact

Many of the medications in space **would not pass US testing standards**

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Learning points & take aways



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- Spaceflight causes **functional immunocompromise**
 - ↓ T-cell function, lymphoid atrophy
 - ↑ **viral reactivation** (HSV, VZV)
 - **Shift in GI microbiome** (↓ normal flora, ↑ gram-negatives)
- **Spacecraft** can have a **very dirty** microbiome
 - **Gram negatives** (Pseudomonas, **Burkholderia**, Serratia), **Candida**, molds; even **protozoa & spirochetes**
- Space affects both the humans and the pathogens
 - ↓ convection → diffusion-dependent growth → **stange biofilms**
 - Some become **more virulent (gram neg)** but other become **less virulent (gram pos)**
- Standard **infection control processes may be less effective**
 - Biofilms + fluid behavior limit sterilization
- **Outer space degrades medications** (radiation + oxidation), making most ↓ **potency over time**; 1 in 12 are not effective

Slides available on hunteratliff1.com/talk/; Citations available via QR code or via the "citations" button on the website