

THE CLINICAL SPECTRUM OF ENTEROVIRUS INFECTIONS



VIRAL (ASEPTIC) MENINGITIS

Most common CNS manifestation. Infants: fever, irritability. Older children/adults: fever, headache, photophobia, stiff neck.

ENCEPHALITIS

Less common, serious brain inflammation; encephalopathy, seizures, focal neurologic symptoms. EV-471 is notably linked to severe, sometimes fatal, brainstem encephalitis (rhombencephalitis).

ACUTE FLACCID MYELITIS (AFM)

Polio-like syndrome, acute motor neuron weakness. EV-D68 and EV-A71 key causes, often after respiratory/febrile illness, leading to asymmetric limb weakness and paralysis.

EXANTHEMS & ENANTHEMS (SKIN & MOUTH RASHES)

HAND, FOOT, AND MOUTH DISEASE (HFMD)

Fever, oral vesicles on buccal mucosa, tongue, tender rash on hands, feet, buttocks. Coxsackie A 16 and EV-A71 are most common.

ATYPICAL HFMD

Coxsackievirus A6 causes more severe form: higher fever, wider vesiculobullous lesions, onychomadesis (nail shedding) 1-3 months later.

HERPANGINA

Abrupt high fever, painful papulovesicuio-diseretive lesions on posterior oropharynx (soft palate, tonslls, uvula). Primarily Group A Coxsackieviruses.

OTHER RASHES

Enteroviruses can cause nonspecific maculopapular (rubelliform), roseoliform (rash appears as fever subsides), and petechial/purpuric rashes that may mimic other senous conditions like meningococcal disease.

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PRIMARY VIRAL SEROTYPES (HFMD & Herpangina)

Hand, foot, and mouth disease	Herpangina
Coxsackievirus A16, Enterovirus A71	Coxsackievirus A1- A6, A8, A10, A22
Coxsackievirus A2, A4-A10, B2, B3, B5	Coxsackievirus A7, A9, A164, B1-B5
Echovirus 1, 4, 7, 19	Echovirus 6, 9, 16, 19
	Enterovirus A71*

^{*} A common cause in the Asis-Pacific region

MUSCULAR & CARDIAC MANIFESTATIONS

PLEURODYNIA (BORNHOLM DISEASE)

Acute skeletal muscle infection; fever, sharp, spasmodic chest/upper abdomen pain.

Group B coxsackieviruses most important cause.



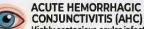
MYOPERICARDITIS

Inflammation of heart muscle/pericardium. Asymptomatic to fulminant heart failure. Symptoms: chest pain, dyspnea, fever. Group B coxsackieviruses frequently implicated

RESPIRATORY & OCULAR DISEASES

ACUTE RESPIRATORY DISEASE

Common upper respiratory illnesses ("summer flu"). EV-D68 causes severe lower respiratory infections in children with asthma: wheezing, dyspnea, respiratory failure.



Highly contagious ocular infection (EV-D70, Coxsackievirus A24); eye pain, eyelid swelling, subconjunctival hemorihage.



NEONATES

Uniquely susceptible to fulminant, often fatal, systemic disease acquired perinatally, Manifestations: myocarditis (Group B coxsackieviruses) or fulminant hepatitis with multi-organ failure (Echovirus 11).



IMMUNOCOMPROMISED PATIENTS

Individuals with B-cell defects (e.g., agammaglobulinemia) at risk for persistent, severe, and often fatal chronic meningoencephalitis due to inability to clear virus.